



U.S. ARMY



Community Information Forum – July 2022

COL Pollio, Garrison Commander

Ms. Megan O'Donoghue

Director

**Family and Morale, Welfare and
Recreation**



PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for service members, families, civilians and retirees.





Community Information Forum / Fort Leonard Wood

AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions you would like addressed, you can submit them through ICE at

<https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447>

Or click the QR code





JULY TOPIC





WELCOME TO THE

Waynesville R-VI School District

Presented by Marianne Ward, director of
communications and marketing

Vision:

Excel as student-centered community of learners that embraces diversity, collaboration and innovation.

Coding and robotics is offered at every school



Mrs. Hilary Bales,
Superintendent


Mission:

Prepare and empower individual lifelong learners for opportunities as citizens and leaders.



1st
in
academics

Always 1st or tied for 1st in the
Ozark Conference on the State
of Missouri's Annual
Performance Report, which
measures:

- academic performance
 - graduation rates
 - college and career
readiness
 - attendance
- 

More
than 60%
of our students are
military impacted



Photo courtesy of FLW Public Affairs

Call 573-842-2092

Enrollment is OPEN!



Waynesville R-VI School District

Where the Orange and Black Unite with the Red, White and Blue

Empower and Prepare Individual Students for Future Opportunities as Citizens and Leaders

Select a School ▼

Translate ▼

www.waynesville.k12.mo.us



Home

About Us

Departments

Parents/Students

Programs/Services

Staff Resources

New Student Info

Health Clinic

Tip Line

Coronavirus Info

Tiger Virtual Academy

Athletics/Sports

Employment

Calendar

Grade levels and their hours



Grades K-5:

8:30 a.m. to 3:30 p.m.



Grades 6-12:

7:30 a.m. to 2:35 p.m.





1st Day of School is Aug. 22

Handouts available today

1.


Helpful
information

2.

Steps to get
questions
answered and
concerns
resolved

3.

Help your child
with social
media





Any questions?



Community Information Forum / Fort Leonard Wood

DFMWR / ARMY COMMUNITY SERVICE

Back To School



Join ACS for a 57th Birthday Bash

Friday July 22nd 11am – 2pm

- ❖ Pizza
- ❖ Cake Cutting
- ❖ 399th Army Band
- ❖ Back to School Giveaway Items
- ❖ Prevention Information



Think of ACS when... You are looking for Family programs, self-help, prevention briefings and classes, or for connection and networking with others.

SOS: Surviving Family member support groups

FAP: Parenting Class and Victim Support services

EFMP: IEP support and referrals

RELO: CONUS and OCONUS PCS support

I&R: Welcome Information and Referrals



Employment Readiness

- Civilian Resumes
- Government Resumes
- Job Hunting
- Self Nomination Assistance

NAF/APF Positions
Community Positions

Army Emergency Relief:

Since 1942, AER has helped Service members with emergency financial assistance. Two basic support areas are No Interest Loans and Grants.

Call (573) 596-0212 or find us on Facebook at
Fort Leonard Wood Army Community Service (ACS)





Community Information Forum / Fort Leonard Wood

DFMWR / Child Youth Services

Child & Youth Services

Child & Youth Services (CYS) recognizes the challenges of our Soldiers and their Families. By offering quality programs for children, youth and students, CYS supports the Army Family by reducing the conflict between mission readiness and parental responsibility. Whenever you need it and wherever you are, CYS is prepared to make life better for Army Families.

School Age Center

SAC provides a quality, accredited program that is tailored to meet the needs of youth in grades K-5 and their families by offering before-school, after-school or before and after-school care.

Middle School Teen Program

Offers After School activities for youth 6th grade-12th grade. Open Monday through Friday until 1800.

Child Development Center

We provide quality full-time and childcare for children 6 weeks through 5 years of age.

FALL Sports

Soccer, flag football and cheerleading will start September 12th. Registration begins July 25th and ends August 26th.

Parent and Outreach Services & School Liaison Office

Monday - Friday 0730-1630
13486 Replacement Ave.
Bldg. 470 Rm 1126
573-596-0238/0421

 <p>School Transition and Deployment Support</p> <ul style="list-style-type: none"> • School Transition Support • Special Education Connections • Youth Sponsorship • Parent Education and Educator Education • Youth Resilience • Ensure Compact Compliance 	 <p>Postsecondary Transitions</p> <ul style="list-style-type: none"> • Scholarship Opportunities • College Application Process • College and Career Fairs 	 <p>Home School Support</p> <ul style="list-style-type: none"> • Homeschool Resources • Access to support services • Information on state and local laws 	 <p>Installation School Communication</p> <ul style="list-style-type: none"> • Conduit between school, community and installation • Impact Aid • Grant Opportunities • Emergency Contingency Conditions 	 <p>Partnerships in Education</p> <ul style="list-style-type: none"> • Academic Enhancement • Adopt a School • STEM • STARBASE • Family/Community Involvement • School Outreach Support Services • Building Community Capacity
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FAMILY AND MWR PRESENTS

YOUTH SPORTS & FITNESS

COACHES NEEDED!

YEAR-ROUND YOUTH COACHES NEEDED!

Make a difference in the life of a child! Coaches receive a discount that allows their children to participate at no cost in the sport they coach. Contact Mr. Nott at the number below for more information. Volunteers must be 18 and older, have a background check, fingerprints, and be trained in child abuse and other related topics. Please contact Mr. Nott at the number below!



PIPPIN YOUTH CENTER: BLDG 9625
2538 YOUNG STREET
573-596-2611
LEONARDWOOD.ARMYMWR.COM

Logos: U.S. Army, MWR, and social media icons.

COME WORK WITH CYS
Child & Youth Services

NOW HIRING

Logos: U.S. Army, MWR, and social media icons.

MILITARY
CHILDCARE.com

Logos: U.S. Army, MWR, and social media icons.



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DFMWR / Business & Recreation



DAVIDSON FITNESS CENTER

GROUP FITNESS - JULY

\$3 PER CLASS

MONDAY	2:00 PM 6:30 PM	ZUMBA MIXED FIT
TUESDAY	9:00 AM	CYCLING
WEDNESDAY	6:00 PM	STRONG NATION
THURSDAY	11:15 AM	CYCLING
FRIDAY	2:00 PM	ZUMBA
SATURDAY	8:45 AM 10:00 AM 11:30 AM	ZUMBA RIPPED AQUA ZUMBA
SUNDAY	2:00 PM	ZUMBA

PARTICIPANTS BETWEEN 13-15 MUST BE ACCOMPANIED BY AN ADULT.
FACE SHIELDS ARE ALLOWED TO BE WORN DURING CLASSES AND IN THE FACILITY.



DAVIDSON FITNESS CENTER: BLDG 1300 S. DAKOTA AVE.

573-596-4359

LEONARDWOOD.ARMYMWR.COM



DAVIDSON FITNESS CENTER

JULY CLASS DESCRIPTIONS

\$3 PER CLASS

ARMY COMBAT FITNESS TEST PREP - LED BY SBM FITNESS, USES SMALL BUT MIGHTY MOVEMENTS TO HELP INDIVIDUALS IMPROVE THEIR ACFT SCORES. CLASS FOCUSES ON SPECIFIC INTERVAL TRAINING TO STRENGTHEN THE MUSCLE GROUPS THAT ARE NEEDED FOR PEAK PERFORMANCE. (CLASSES ARE HELD IN THE FUNCTIONAL FITNESS ROOM, WHICH IS OPEN TO CLASS PARTICIPANTS ONLY)

AQUA FIT - (DAVIDSON POOL) - LET THE POOL WORK YOUR MUSCLES, BURN CALORIES, AND ABSORB THE IMPACT. WATER SHOES RECOMMENDED. (CLASS IS POSTPONED UNTIL FURTHER NOTICE)

AQUA ZUMBA® - (DAVIDSON POOL) - INVIGORATING NON-IMPACT AQUATIC EXERCISE, INTEGRATED WITH THE ZUMBA PHILOSOPHY AND THE TRADITIONS OF AQUATIC FITNESS.

CYCLE & CORE - HIGH-INTENSITY CYCLING WITH LOW IMPACT ON JOINTS, GAIN MUSCLE ENDURANCE AND HIGH CALORIC BURN FOLLOWED BY CORE EXERCISES.

YOGA - IMPROVE FLEXIBILITY, CONTROL BREATHING, AND CREATE RELAXATION THROUGH EASY VINYASA FLOW (CLASS IS POSTPONED UNTIL FURTHER NOTICE)

HIIT CIRCUIT - SPRINT-BASED, MULTI-STATIONED, HIGH-INTENSITY INTERVALS, WITH INTERMITTENT BREAKS. (CLASSES ARE HELD IN THE FUNCTIONAL FITNESS ROOM, WHICH IS OPEN TO CLASS PARTICIPANTS ONLY)

MIXED FIT - EXPLOSIVE DANCING WITH BOOTCAMP TONING.

POUND! - THE WORLD'S FIRST CARDIO JAM SESSION INSPIRED BY THE INFECTIOUS, ENERGIZING, AND SWEAT-DIPPING FUN OF PLAYING THE DRUMS.

R.I.P.P.E.D. - COMBINES RESISTANCE, INTERVAL, POWER, PLYOMETRICS, ENDURANCE, CORE, AND A VERY IMPORTANT DIET PROGRAM. DESIGNED TO HELP EVERYBODY MEET THEIR ULTIMATE FITNESS GOALS IN A SUPER FUN GROUP EXERCISE ENVIRONMENT.

STRONG NATION - COMBINES BODY WEIGHT, MUSCLE CONDITIONING, AND PLYOMETRIC TRAINING EXERCISES TO ORIGINAL MUSIC.

ZUMBA® - FITNESS DANCE CLASS CONSISTING OF DANCE AND AEROBIC EXERCISE ROUTINES, ALL PERFORMED TO POPULAR MUSIC.

ZUMBA STEP® - POWER & STRENGTH COMBINED WITH FUN CARDIO, INTEGRATING A STEP.

CLASSES ARE OPEN TO ALL FITNESS LEVELS. ALL CLASSES ARE ONE HOUR. CLASSES ARE SUBJECT TO CANCELLATION OR INSTRUCTOR SUBSTITUTION. PERSONAL TRAINING IS AVAILABLE AT DAVIDSON FITNESS CENTER (PLEASE SEE FRONT DESK FOR MORE DETAILS). FACE SHIELDS ARE ALLOWED TO BE WORN DURING CLASSES AND IN THE FACILITY.





Community Information Forum / Fort Leonard Wood



GET FIT HEALTH AND WELLNESS FAIR

JULY 23, 9:30AM - 12:30PM
DAVIDSON FITNESS CENTER

Join the MWR Fitness Team for an array of fitness activities such as ZUMBA, STRONG NATION, MIXXED FIT, AQUA ZUMBA, R.I.P.P.E.D. and SBMF (ACFT TRAINING SAMPLER)

Various health & wellness professionals as well as personal trainers will be on site to answer questions and give tips and guidance.

Ages 13-15 can participate with legal guardian,
16 and up must be an ID card holder.

Advanced registration (July 4-21) (includes appreciation gift): \$10
Day-of registration: \$15
Register in person at Davidson Fitness Center or online.



Davidson Fitness Center, 1300 S. Dakota Ave.

573-596-4359

LEONARDWOOD.ARMYMWR.COM

Sponsorship does not imply federal endorsement





Community Information Forum / Fort Leonard Wood

DHR / ARMY CONTINUING EDUCATION SYSTEM (ACES)

Harry S. Truman Army Education and Personnel Testing Center - College and University Center



EDUCATION CENTER SERVICES

Monday - Friday, 730am - 430pm

Closed all Federal Holidays and 1st Wednesday of the Month

Advising and Counseling Services:

- ArmyIgnitED Advising and Assistance
- Tuition Assistance
- Credentialing Assistance
- Education and Career Path Exploration and Goal Setting

Army Personnel Testing Services:

- Defense Language Aptitude Battery (DLAB)
- Armed Forces Classification Test (AFCT)
- English Comprehension Level (ECL)

Basic Education Skills Program (BSEP):

- 60 hours (3 weeks) of F2F classroom instruction
- Math, Vocabulary and Reading Comprehension
- Pre- and Post GT Predictor
- Afternoon Tutoring Services for All Students

SUMMER SESSION CLASS DATES:

- **BSEP**, 11 - 29 July, 8am - 12noon
- **Columbia College**, 27 June - 20 August
- **Ozark Technical CC**, 22 August - 17 December
- **Drury University**, 22 August - 16 December
- **Lincoln University**, 22 August - 17 December
- **Park University**, 15 August - 9 October
- **Webster University**, 27 June - 26 August

COLLEGE and UNIVERSITY CENTER

Columbia College - (573) 329-4050 and 5012

Monday - Wednesday, 9am - 5pm

Thursday, 11am - 5pm

Friday, 9am - 430pm

National Testing Center: Proctored, CLEP and DSST exams are administered by appointment only.

Ozarks Technical College - (417) 447-6617

Monday - Thursday, 9am - 4pm

Friday, 830am - 1pm

Drury University - (417) 873-6640, 6651 and 6668

Monday - Thursday, 830am - 530pm

Friday, 830am - 12 noon

Lincoln University - (573) 329-5160

Monday - Thursday, 8am - 5pm

Friday, 8am - 230pm

Park University - (573) 329-2798

Monday - Thursday, 8am - 5pm

Friday, 8am - 12 noon

Webster University - (573) 329-6777

Monday - Thursday, 9am - 430pm

Friday, 830am - 12 noon





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GARRISON SAFETY

STOP ON RED... KIDS AHEAD!!!

- * REDUCE YOUR SPEED IN SCHOOL ZONES.***
- * EXPECT FREQUENT STOPS BY SCHOOL BUSES.***
- * WATCH OUT FOR KIDS AND YOUNG DRIVERS.***



4040 Hawaii Ave / Building 312 2nd Floor / 573-596-2100





GLWACH

- **Physicals:**

- A school/sports physical rodeo will be held at GLWACH on Aug 13, 2022 from 7:30 p.m. to 12 p.m. by appointment only. The appointments will be available for scheduling in the coming weeks.

- **Vaccinations:**

- Getting children vaccinated for COVID-19 or boosted and Influenza (available fall) can lower chances of illness and missed school days.
- Future rodeos for Flu vaccine are being planned.
- Collaborating with the school district and Pulaski County Health Dept who may also be offering the vaccines.
- GLWACH has placed an order for 150 doses (50 kids at 3 doses to complete series) of the Pfizer 6 months to under 5 years and should have it available soon. The vaccine is available by appointment only, once a week, every 3 weeks. Limited supply available. (Appointment Line: 866-299-4234)





FLW Public Health Department:

- Tryouts and practice for team sports start up again during this summer heat.

HEAT ILLNESS

Three Important Things Parents Need to Know About Heat-Related Illness in Young Athletes

- 1) **Heat Acclimation:** Gradual increase in activity duration and intensity over 10-14 days is best
- 2) **Drink Plenty of Water:** Staying hydrated BEFORE, DURING, and AFTER activity is the easiest way to prevent heat-related illness
- 3) **Early Recognition:** Parents and coaches are key; if your athlete is not behaving typically and the conditions are right for heat illness act!

Quick recognition of heat-related illness signs and symptoms:

Disorientation

Dizziness, weakness

Unusual behavior

Headache

Vomiting

Visit the National Athletic Trainers Association for additional resources for parents and coaches. [Heat Illness | NATA](#)





Community Information Forum / Fort Leonard Wood

Interactive Customer Evaluation (ICE)

**WE
NEED
YOU!**



Be a Super Hero Today!

Sustain or Improve? Tell us what you think.



[ICE :: Fort Leonard Wood \(disa.mil\)](https://disa.mil/ICE)





Community Information Forum / Fort Leonard Wood

RELIGIOUS SUPPORT OFFICE



Summer Mondays
11, 18 July, 1, 8, 15 August
Kids KG- 5th join us for Bible stories,
games, singing and lunch.
1000-1200 Main Post Chapel
POC: Vicky Craine
928-380-4213



Catholic Young Adults of the Chapel
**Young Adult Summer Weekly
Socials and Topical Studies**
Thursdays, 1900 at
Bldg 590 across from Soldier
Memorial Chapel.
Food, fellowship and grow in faith.
POC: Emily Jacobs 224-210-3244



**Fort Leonard Wood
Vacation Bible School**
July 25-29, 2022
0900-1200
Main Post Chapel
Age 4 yr to going into 6th grade
**Enjoy Bible lessons, crafts,
science, games, drama, snacks
and music.**
Register at
[https://flw2022vbs.myanswers.com/
zoomerang/](https://flw2022vbs.myanswers.com/zoomerang/)
Or POC: Martha Strong, email below.



A movie hint: A girl loves to
dance and dreams of being a
ballerina and a boy has a
dream of flight.

Family Outdoor Movie
On the Minnesota Ave side of
Main Post Chapel
(inside if it rains)
Friday, 8 July 8:30 PM

Bring blankets/chairs & snacks
Come meet new friends.
CH Marr will share a faith
message from the movie.

POC: Martha Strong, DRE martha.a.strong.civ@army.mil or 6-0089





Community Information Forum / Fort Leonard Wood

CATHOLIC WORSHIP

Catholic Mass
Soldier Memorial Chapel (SMC)
0900 – Sunday

Adoration
Soldier Memorial Chapel (SMC)
1800-1900, 1st Friday of each month

Confessions
Following 0900 Mass
Sundays – SMC

Baptisms
By appt: 573-596-3913

Catholic Baptism Class
4th Sunday following 0900 Mass

Daily Mass
Soldier Memorial Chapel
1140, Tuesday – Thursday

SUNDAY PROTESTANT WORSHIP

Gospel Protestant
1000 – Central Iowa Chapel

Traditional Protestant Service
1030 – Soldier Memorial Chapel

**Crossroads Community
Contemporary Service**
1100 – Main Post Chapel
Childcare is available

****This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.****

OTHER SERVICES

Jewish Shabbat
1900 - Fridays
South Iowa Chapel

Buddhist Service
1900 – Thursdays
(Fridays beginning 1 July)
Specker Chapel
EFF 1 July – North Iowa Chapel

Islamic Service
0800-1000 - Sundays
Main Post Chapel, Room 162

RELIGIOUS EDUCATION

Catholic Confraternity of Christian Doctrine (CCD)
1100 – 1230 Sundays (Sep-Apr)
1st – 8th grades, Confirmation
**Religion Class for Adults (RCIA) &
Religion Class for Children (RCIC)**
Bldg 6501, 3307 Indian Ave (YREC)

Christ Fit
(For Family, Faith & Fellowship)
Main Post Chapel (MPC)
Wednesdays, 1730-1930
Fall Session is 7 Sep – 9 Nov



WORSHIP/STUDIES

Protestant Women of the Chapel (PWOC)
Tuesdays, 0900-1145, Main Post Chapel
For more information: pwocflw@gmail.com
<https://facebook.com/fortleonardwoodpwoc/>

Catholic Women of the Chapel (CWOC)
Weds, 1730 at MPC
POC: Rebecca DuBois, 573-200-9331 or
dubois.rebekah@gmail.com

Catholic Women's Bible Study
Sundays, 1100-1230 (during CCD)
Bldg 6502, 3307 Indiana Ave (YREC)

Knight of Columbus-Catholic Men
2nd Tues/ea month, 1800
Bldg 590 (SMC Annex)

Gospel Bible Study at Christ Fit
Weds, 1730-1930
Main Post Chapel

Office Christian Fellowship (OCF) Thurs,
1145-1245
Thurman Hall, Room 1432
POC: LTC Runyon, 515-291-7338

USACBRNS Bible Study
2nd & 4th Weds of each month
1200-1300, Thurman Hall, Room 1165
POC: CH Southard, 828-390-9020

Buddhist Meditation Training
Saturdays, 1500-1600
Specker Chapel (seating limited)

Latter Day Saints Study
Tuesday, 1900 at South Iowa Chapel
POC: Elder Moss 208-360-1895

Navigators Bible Study
Weds, 1800-1900, Specker Chapel
POC: Chief Chrisman, 573-596-4948,
matthew.d.chrisman.mil@army.mil
Facebook:
<https://www.facebook.com/flwnavs>

Marine Corps Bible Study
Weds, 1130 – 1230
Specker Chapel

YOUTH

Kids 4 Christ, 1 – 5 Gr (Sept-May)
Mondays, 1600-1800
Bldg 590
Tuesdays, 1600-1715
Zoom Club (virtual)

Youth of the Chapel, 6-12 Grade
Weds, 1815-2000
Bldg 6501, 3307 Indiana Ave (YREC)

For more information on religious services and events please visit our websites.

Facebook:
<https://www.facebook.com/fortleonardwoodRSO/>

Website:
<http://www.wood.army.mil/newweb/garrison/chaplain.html>





Community Information Forum / Fort Leonard Wood



AAFES

- Abrams Theater. Showings on Fri, Sat and Sun.
- **Thor: Love and Thunder** First Run Weekend 8 July
- shopmyexchange.com, *Fort Leonard Wood, Reel Time Theaters for showings and times.*
- **Panda Express NOW OPEN in The Exchange Mall**
- **Dunkin Donuts Opening Late July in Main Exchange Mall**
- **Drachenfutter Coffee Coming in August to Dillard Hall Bldg 470**
- **Tater Patch "Express" Coming Soon to the Exchange Mall**
 - **Haute Dogs Opens 5 July – MSCoE Building (Former American Eatery) Gourmet Hot Dogs, Sandwiches, Burgers and Breakfast**
 - **Exchange 127th Anniversary 22-24 July Main Store**
- **Prizes, Clearance, Television and Sporting Goods Promotions**
 - **USO Event 22, 1130-1330 Main Store**
 - **Bunker 27 Opens Mid July**
- **Finely crafted military themed apparel and accessories.**
- **"You Made The Grade" Program For Students with a "B" or Higher**
 - *See any manager at the Main Exchange.*



DECA

Click2GO

Commissary Click2GO pickup times now available every Saturday!

Order Click2GO online with no additional charge with slots available Monday through Saturday.

Sidewalk Sale event

Join us for 4 days of savings! September 1-4 shop with us to enjoy more savings.

More Savings

Check out our sales flyer at the front of the store as you enter for our current display period savings. Also available for viewing on commissaries.com.





Community Information Forum / Fort Leonard Wood

COMMUNITY INTEREST



Bldg... 805 Iowa Ave

Hours of Operation:

Thursday – Sunday: 8:30 a.m. – 4:00 p.m.

Upcoming Events:

July 8th: USO Family Craft Time at 5 p.m.

July 14th: USO Coffee Connections at 9:30 a.m.

July 15th: Single Parent Family Social at 6 p.m.

July 28th: Continuing Your Journey Workshop at 10:30 a.m.

July 29th: USO Family Night Out at 5 p.m. & 6:30 p.m.

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

[HTTPS://MISSOURI.USO.ORG](https://missouri.uso.org)

(573) 329-2039

POC: Kelly Brownfield kbrownfield@uso.org



Transitions

OFFERING 1:1 VIRTUAL SUPPORT TO TRANSITIONING SERVICE MEMBERS, AGR, & MILSPOUSES

FREE Civilian or Federal Resume Writing

Access to Online Learning Platforms

Personal Branding Workshops

Mentorship Connections

& More Personalized Resources In:

**EMPLOYMENT | EDUCATION | VA BENEFITS
FINANCIAL READINESS | MENTORSHIP**

**Register with us today!
uso.org/transition**





Community Information Forum / Fort Leonard Wood



ASYMCA 32nd Annual Duck Race

The Armed Services YMCA of Missouri will be hosting the **32nd Annual Duck Race** on July 30th, 2022 at Roubidoux Park. We are looking forward to the ducks strutting their stuff and go for 'Best Dressed' then speed their way down the Roubidoux to be crowned the 'Speediest Duck'.

Entry fee is \$100.00.

When you agree to sponsor a duck, you get a thoroughbred decoy to decorate then race on race day. Once you register we will contact you to coordinate you receiving your duck.



Schedule of Events

10:30 am: Ducks due for Best Dressed Judging.
11:15 am: First heat of Duck Races
12:45 pm: Championship Race
1:00 pm: Consolation Race

Prizes

Race and Heat winners will receive ribbons. Ribbons will be awarded to the 10 "Best Dressed" ducks. "People's Choice Award" awarded to the duck with the most votes.
*Be creative, but **do not modify** your duck.

Your business can be represented in this great out reach opportunity!
Take the Crown back to your business!

Do not delay get your Duck today!

To sponsor a Duck or have any questions
please call (573) 329-4513 or zguller@asymca.org.
Register now: <https://www.asymca.org/fort-leonard-wood-home>



Music & Me

Ages 18 mo to 5 years old



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Mondays 9:30am - 10:15am or

Mondays 10:45am - 11:30am

Session 1: June 6th - July 18th

Session 2: July 25th - August 29th

Cost: \$12 per 6-week session

This parent/child interactive
music program will help
little ones develop their
innate musicality.

This program will incorporate
both music education and
child development. Because
we recognize that children
learn through play, we make
everything we do in class
engaging and fun.



Register online:

www.asymca.org/fort-leonard-wood-home



[facebook.com/armedservicesymcaflw](https://www.facebook.com/armedservicesymcaflw)

For More information: (573) 329-4513

zguller@asymca.org

Armed Services YMCA of Missouri . 13900 Replacement Ave. Fort Leonard Wood, MO. 65473





Community Information Forum / Fort Leonard Wood

Next Community Information Forum

Topics

- January – New Year Healthy You (Wellness)
- February – Community Resources
- March – Transition Services
- April – Month of Military Child (Family Focus)
- May – Summer Fun
- June – Welcome to FLW
- July – Back to School
- **August – Community Resources**
- September – Fall Favorites
- October – Domestic Violence Awareness / ASAP
- November – SNAIR / Winter Safely
- December – (NO Forum due to HBL)

Community Information Forum ICE – Questions/Comments

- If you have any questions you would like addressed, you can submit them through ICE at
<https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447>
Or click the QR code





Community Information Forum / Fort Leonard Wood



CONNECT
WITH YOUR COMMUNITY

Get your installation services and post information on the **NEW** Digital Garrison app on your smartphone or tablet.

DIGITAL GARRISON
POWERED BY   

 **MAKE THE CONNECTION**





Community Information Forum / Fort Leonard Wood

Information is Key

Topics

- Fort Leonard Wood Web Page
home.army.mil/wood/index.php
- Fort Leonard Wood Facebook
facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site
leonardwood.armymwr.com/
- Family & MWR Facebook
facebook.com/mwr.ftwood
- AAFES
shopmyexchange.com/
- DECA
commissaries.com/shopping/store-locations/fort-leonard-wood





BACK UP SLIDES





Community Information Forum / Fort Leonard Wood

COMMUNITY INTEREST



Come help us save Soldier lives

- ✓The Fort Leonard Wood Blood Donor Center collects blood for the Armed Services Blood Program – the official blood collection and transfusion organization for the U.S. military.
- ✓Sun-Wed: Unit-level blood drives
- ✓Mon-Wed: 8 am – 2:30 pm:
Open for appointments and walk-in donors
- ✓Thurs – Sat: No scheduled collections

Directions to our facility:

- ✓Follow Missouri Avenue to North Dakota and merge right at the electronic marquee.
- ✓Follow North Dakota to Iowa and turn left.
- ✓Follow Iowa to West 11th Street and turn right. Look for sign directly across from Gammon Field
- ✓Follow West 11th Street to Buckeye. The new donor center is right across the street.

What's in it for me?

- ✓Time off: Fort Leonard Wood Civilian Personnel Regulation 690-12 allows employees up to four hours excused absence to donate blood
 - Includes travel time to and from the donation site and recovery afterwards
- ✓Promotion points: Certificate of Achievement for everyone completing their third donation with the ASBP
- ✓Goodies: All donors receive a free t-shirt, juice & cookies
- ✓A great feeling: Helping someone recover from an illness or injury

For more information, call 573-596-5385 or 573-596-6150





Community Information Forum / Fort Leonard Wood

HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB)
on Fort Leonard Wood?

If the answer is YES, is your business
REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- Hairdressing and hairstyling
- Home baking and meal preparation
- Pet grooming and pet sitting
- Massage therapy
- Multi-level sales activities
- Retail sales from home

CHILD CARE in your on-post home you
MUST be register with CYS Family Child
Care (FCC)

13486 Replacement Ave, Bldg... 470,
Ste. 1125 (573)596-0185

Easy as 1,2,3

STEP 1: Complete the HBB Application and any additional documentation (like licensing or certifications).

STEP 2: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

STEP 3: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to megan.j.odonoghue.naf@mail.mil
Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.





Community Information Forum / Fort Leonard Wood

Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at leonardwood.armymwr.com/happenings/family-mwr-job-openings
- Apply online at usajobs.gov
- Contact the NAF HR Office at [\(573\) 596-0283](tel:5735960283) for more information.

