

COL Pollio, Garrison Commander



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PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for Service Members, Families, Civilians and Retirees.







AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions, you would like addressed, you can submit them through ICE at

https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447
Or click the QR code









JANUARY IS...

New Year, Healthy You

WELLNESS - MIND, BODY, & SOUL





DFMWR / BUSINESS & RECREATION



















DFMWR / BUSINESS & RECREATION





2024 COMMANDER'S CUP

| | REGISTRATION DUE | COACH'S MEETING | SEASON BEGINS | COMMANDER'S CUP |
|------------|------------------|--------------------|------------------|--------------------|
| BASKETBALL | JAN 9 | JAN 11 | JAN 16 | JAN 18-21 |
| BOWLING | FEB 6 | FEB 8 | FEB 15 | |
| SWIMMING | FEB 20 | FEB 22 | ONE DAY | FEB 24, 9AM |
| SOCCER | APR 2 | APR 4 | APR 9 | MAY 27-30 |
| 10K | MAY 14 | MAY 16 | ONE DAY | MAY 17, 7AM |
| SOFTBALL | JUN 11 | JUN 13 | JUN 18 | AUG 22-24 |
| GOLF | AUG 5 | AUG 7 | AUG 12 | |

DATES AND DETAILS SUBJECT TO CHANGE



Davidson Fitness Center, 1300 S. Dakota Ave.





Commander's Cup

- Enhance fitness, morale, and Esprit de Corps.
- Skilled athletes represent their units.
- Compete at company and Battalion Level.
- Open to active-duty military personnel and DOD civilians employed or assigned to unit.
- Units must participate in Intramural Sports program.





DFMWR / ARMY COMMUNITY SERVICE

New Year, Healthy You



Financial Readiness

- Thrift Saving Plan
- Blended Retirement System
- Retirement Planning
- Credit Score Review
- Monthly Budget Counseling
- Personal Financial Readiness
- Home/Car Buying

Think of ACS when...You are looking for Family programs, self-help, prevention briefings and classes, or for connection and networking with others

- SOS: Grief and financial support for survivors
- FAP: Family focused educational courses and support
- EFMP: Education & Medical Support
- FRP: Financial Management
- · RRP: PCS Moving Support
- I&R: Services Briefings
- ERP: Employment Classes/Resumes

Family Advocacy Program

- Stress and Anger Mgmt
- Parenting from the Heart
- Bundles of Joy
- Playgroups

Relocation Readiness

- PCS Overseas Orientation
- Lending Closet
- Sponsorship Training

Call (573) 596-0212 or find us on Facebook at Fort Leonard Wood Army Community Service (ACS)







DFMWR / CHILD & YOUTH SERVICES



School Year 2023-2024 Army Child and Youth Services Fee Policy Effective 1 January

DoD Child Development Program Fee Policy, issued each year, prescribes uniform fee regulations for military child development programs based on Total Family Income.

With the 2023-2024 Fee Policy The Army continues to increase access to high-quality care and supporting caregivers.

What are the major changes?

- Income categories from 14 to 11
- Increase highest fee category to \$160,001 +
- Lower categories will see a fee decrease to ensure access to high quality care to lower income families
- FCC hourly fees increase from \$6 to \$8

For further questions contact Parent Outreach Services Bldg. 470 Suite 1126 573-596-0238







The Better Opportunities for Single Soldiers (BOSS) program supports the overall quality of life for the single Soldier and helps to maintain and improve Soldier readiness.

Call (573) 563-5967 or find us on Facebook and Instagram at Fort Leonard Wood BOSS

Upcoming Events:

Board Study - Jan 10th, 24th at 3:30pm:

BOSS Corner Bldg. 496

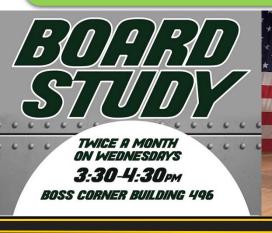
BOSS Meeting - Jan 11th, 25th at 3:30pm:

BOSS Corner Bldg. 496

Swimming Lessons - Jan_(tentative) at 9:00am:

Davidson Fitness Center

Volunteer Opportunities Available!!!







Contact your BOSS Rep!





Harry S. Truman Army Education and Personnel Testing Center College and University Center

Spouses' Resource Center Grand Re-Opening 30 January 2024 1000 Building 470, Room 2222

ESL Classes

Mondays, Wednesdays and Thursdays 1600 - 1900 Truman Education Center

Orientation and Assessment Waynesville Career Center 1st Thursday of each month

1700 - 2000

Save the Date:

- 8 23 January, BSEP Class
- 8 January, Semester and term sessions begin for resident colleges and universities
- 22 January, 0900 1600, Mini Education Fair, GLWACH
- 12 16 Feb 23, ProLearn PMP and PMI 35-hour training

Contact the Education Center at 596-0172, for any questions. Find us on Facebook!









Questions? Email Us: <u>usarmy.leonardwood.id-training.mbx.usag-flw-dhr-ed-center@army.mil</u>





Harry S. Truman Army Education and Personnel Testing Center
College and University Center



Questions? Email Us: <u>usarmy.leonardwood.id-training.mbx.usag-flw-dhr-ed-center@army.mil</u>





ARMY SUBSTANCE ABUSE PROGRAM

Employee Assistance Program

- It's not just for employees—family members and retirees are also welcome
- Short term counselling, referral & follow-up
- Source of information
- Training & classes available for organizations

Contact guy.r.caley.civ@army.mil, 573-596-7199

ASAP Prevention Services for your unit or organization

Substance abuse prevention and suicide prevention education

Contact 573-596-0938





Fort Leonard Wood Gate Hours Change Overview

Beginning 1 February, hours at the West and South gates are expected to change. The new operating hours for the West Gate will be 5 a.m. to 9 p.m., daily, and South Gate's new operating hours will be 4 a.m. to 9 p.m., daily. (Both gates were previously open 24 hours a day, 7 days a week.)

There are no changes to North Gate operations, which is open 24 hours a day, seven days a week.
The East Gate will continue to be open from 5 to 8:30 a.m. and 2 to 6 p.m., Monday through Friday.

Reason behind the decision: This decision was made in order to reduce the number of Soldiers working the gates to support the installation's primary training mission.

<u>Concerns and Mitigations:</u> The command took a deliberate and thoughtful approach when assessing Fort Leonard Wood's gate operations that balanced the risk to mission and risk to our force.

- West Gate: Due to West Gate's close proximity to the North Gate, the impact at that gate is minimal.
- **South Gate:** We do recognize a major concern will be emergency response, and our team is working closely with emergency response leaders to develop solutions and plans that will support emergency response efforts, such as having our patrols respond to the South Gate within 20 minutes to allow access. The team is also looking at implementing new technology at the gate(s), such as remote entry.
 - Throughput after 9 p.m. and before 4 a.m. is minimal with an average of less than 10 cars per hour accessing the gate.

<u>Increase public access:</u> In addition, we will implement the Trusted Traveler Program at the gates, which allows for service members, adult dependents, DoD employees, and military retirees and their spouses to vouch for occupants inside the vehicle, provided they possess a valid DoD identification card. A pre-vetting online system is also being worked. Random checks will be performed to verify the identities of those visiting Fort Leonard Wood.

Evaluation: The team will re-evaluate 60 days after implementation and will adjust if necessary.



SAFETY

- 1. Act as safely at work as you would elsewhere, if not more so. You should take care of your health and safety no matter where you are or what you're doing. This is especially true in the workplace, where your actions can affect both your own safety and that of others.
- **2.** Use the tools available to you to maintain a safe environment. We provide you with tools to ensure your health and safety at work and home. It's your responsibility as an employee to use them. Observe health and safety signs, posters, warning signals, and written directions.
- 3. Educate yourself on hazards, safety practices, and rules.
- 4. Communicate about unsafe practices and conditions.

You are the first line of defense against unsafe practices. When you are aware of hazardous conditions or behavior, defective equipment, or other hazards, it is your responsibility to warn your co-workers to keep them out of harm's way. You must report all unsafe acts, unsafe conditions, illnesses and injuries to the appropriate person.

5. Identify and lower your Level of Acceptable Risk.

The Level of Acceptable Risk is the "warning light" threshold that each employee has that establishes the level of risk an employee is willing to take or accept to perform a task or operation before he or she feels the risk is too great. Each time you successfully take a risk while performing a job, your Risk rises. You start telling yourself, "I've done this a hundred times and nothing has happened to me. I'm going to keep doing it this way. Nothing will happen to me." You must learn to lower your Risk and integrate safety procedures as you plan your work to remove the risk.

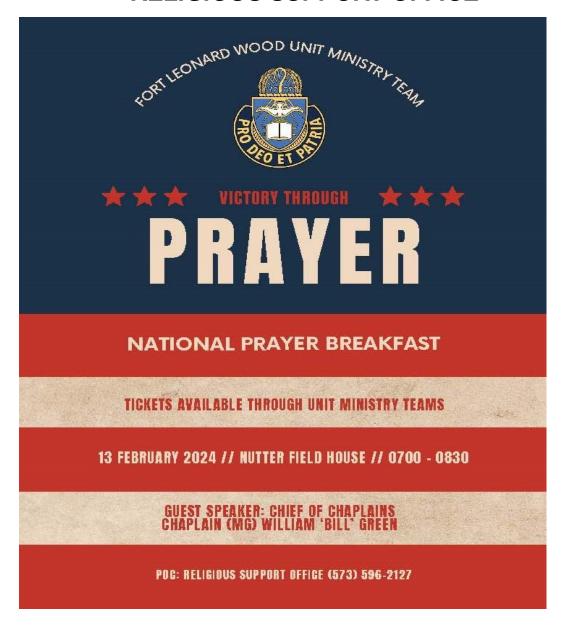
6. Remember that following safety rules and regulations isn't optional – it's the law.

OSHA's General Duty Clause states, "Each employee shall comply with occupational safety and health standards and all rules, regulations, and orders issued according to this Act which is applicable to his own actions and conduct." This means that, by law, employees must follow the OSHA rules and regulations while performing work operations.





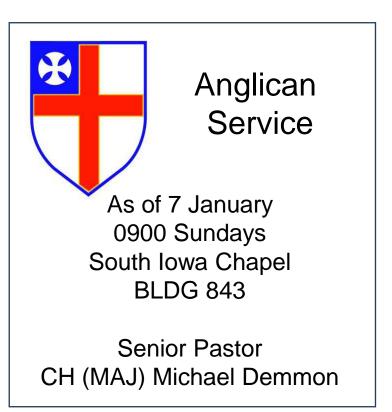
RELIGIOUS SUPPORT OFFICE







New and Changing Worship Opportunities





POC: Martha Strong 573-596-0089/ Martha.a.strong.civ@army.mil





RELIGIOUS SUPPORT OFFICE

CATHOLIC WORSHIP

Catholic Mass

Soldier Memorial Chapel (SMC) 0900 - Sunday

Adoration

Soldier Memorial Chapel (SMC)

1730, 1st Friday of each month

Confessions

0830 (Prior to Mass)

Sundays – SMC and Tues - Thurs after 1200 Weekday Mass

Wellings (amount 1 missersers)

Baptisms

By appt: 573-596-3913

Catholic Baptism Class

4th Sunday following 0900 Mass

Weekday Mass

Soldier Memorial Chapel 1200, Tues, Weds & Thurs

Holy Day of Obligation masses will be offered at 1200 and 1800

SUNDAY PROTESTANT WORSHIP

Gospel Protestant

1000 - Central Iowa Chapel

Traditional Protestant Service

1030 – Soldier Memorial Chapel

Crossroads Community

Contemporary Service 1100 – Main Post Chapel

EFF 7 Jan 2024 moves to Specker Chapel

Anglican Service

0900 - Sundays South Iowa Chapel NEW - EFF 7 Jan 2024

****This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.****

OTHER SERVICES

Jewish Shabbat

Service Temporarily Suspended

1900 - Fridays South Iowa Chapel

Buddhist Service

1900 - Thursdays North Iowa Chapel

Islamic Service

0800-1000 - Sundays Main Post Chapel

Pagan Service

Service Temporarily Suspended

North Iowa Chapel

IET Latter Day Saints Worship (LDS)

1300-1500 - Sundays South Iowa Chapel

RELIGIOUS EDUCATION

Catholic Religious Education Classes

1100 - 1230 Sundays (Sep-Apr)

K – 8th grades, Confirmation

Religion Class for Adults (OCIA)

Bldg 608 – Main Post Chapel POC: Annie Gasway, 573-596-3913

Faith Skills

(For Family, Faith & Fellowship) Main Post Chapel (MPC)

Wednesdays, 1730-1930

POC: DRE - Martha Strong 596-0089 Email martha.a.strong.civ@army.mil

Spring Session: 21 Feb thru 1 May 2024

STUDIES

Protestant Women of the Chapel (PWOC)

Tuesdays, 0900-1130, Main Post Chapel For more information: pwocflw@gmail.com or https://facebook.com/fortleonardwoodpwoc/

Catholic Women of the Chapel (CWOC)

1st and 3rd Thurdays 0930 at MPC, Sep - May

POC: cwocflw@gmail.com

Catholic Women's Bible Study

Sundays, 1100-1230 (during CCD) Bldg 6501, 3307 Indiana Ave (YREC)

Catholic Young Adults of the Chapel

https://www.facebook.com/groups/52300309804 13676

POC: Emily Jacobs, 224-210-3244 lasotaemily@gmail.com

Navigators Bible Study

Weds, 1800-2000, Specker Chapel POC: Chief Chrisman, 573-596-4948, matthew.d.chrisman.mil@army.mil

Facebook: https://www.facebook.com/flwnavs

GLWACH Bible Study

Thus 1200-1300 MEDDAC Classroom

Officer Christian Fellowship Bible Study

Tuesdays, 1800 - Dinner provided Digital Training Facility (DTF)

POC: Chad Ramskugler, 414-458-4460

YOUTH

Warriors 4 Christ, 1 – 5 Grade @ Faith Skills, Fall 6 Sep – 8 Nov

Youth of the Chapel, 6-12 Grade Club Beyond

Mon & Weds, 1800-2000 Bldg 608 – Main Post Chapel POC: David & Gretta Johns djohns@clubbeyond.org

https://facebook.com/groups/47176735 1478895

For more information on religious services and events please visit our websites.

Facebook:

https://www.facebook.com/fortleonar dwoodRSO/

Website:

http://www.wood.army.mil/newweb/g arrison/chaplain.html











How to order for On Base Drop Off:

Starting January 6th, 2024

- Create an account at shop.commissaries.com and select "Fort Leonard Wood" as yourstore
- Shop CLICK2GO and add items to your cart using the site's different categories.
- · Click your cart in the upper right-hand corner to checkout.
- **Select"DROP OFF" SATURDAY at 1200** for 3200 Morelli Heights or
- **Select"DROP OFF" SATURDAY at 1300** for 1950 Magness street
- Select pay online with Credit Card, enter your payment information, andcomplete your order

PICK-UP: Saturday@ 1200 - 3200 Morelli Heights or Saturday@ 1300 - 1950 Magness street (@Hall st)

Bring your CAC ID and confirmation email to pick up!

- · NO minimum order required
- ORDERS must be submitted by Saturday at 0800 AM.
- NO Military Star Card or EBT/WIC accepted at checkout.
- Visa, MasterCard, Discover, and American Express accepted.

- All base drop-off orders must be paidfor online
- No alcohol or tobacco can be purchased









c2GO new Monday thru Friday ordering hours! you can place orders as early as 09:00 AM and up to 6 orders per every ½ hour.

Starting January 6th we will open at 07:00 AM on Saturdays and 09:00 AM on Sundays for your shopping convenience.

Closing hours will remain the same.





Look for this icon Click to Shop Gear **FITNESS** NUTRITION WELLNESS

AAFES

New Health Goals? Of Course, it's 2024!!!!

Featured









Protein



Vitamins & Supplements

Eve Care

Testing

Monitoring &

Diet

Vitamins



First Aid



Medicine Cabinet





EXCHANGE

Energy Bars & Drinks

Recovery

Join BE FIT Ambassador Roy Martinez and guests during Facebook Live Workout Challenges!!

Upcoming Events:

- Exchange's Annual Inventory
 - 20 Jan- 23 Jan 2024
 - Main Store hours on 23 Jan 24 OPEN: Early Bird 0900-1000 & 1000-1400 with limited operations



GEAR



FEMALE MENTORSHIP & MORALE PROGRAM

January's Focused Topic: Financial Goal Setting



Join us for a discussion regarding:

- Reading a Leave and Earnings Statement (LES)
- Thrift Savings Plan (TSP) and the Blended Retirement System (BRS)
- Other financial management trends and opportunities

Who: All genders, ranks, branches, and civilian employees are invited! **Guest Speakers**:

- Mr. Leonard "Lenny" Turnbough, Director, FLW Military Pay Office
- CPT Michelle Kokoski, Commander, C Co, 35th Engineer Battalion

Event: Brown Bag Lunch and Guided Discussion **When**: Tuesday, 16 January 2024 @1130-1300

Where: MSCoE Building, Thurman Hall First Floor, Room 1225



Interested in facilitating a session, suggesting a future topic, or want more information?

Reach out at: michelle.m.kokoski.mil@army.mil or milana.m.taylor-turnbough.mil@mail.mil



Join us on social media! https://www.facebook.com/groups/1005147799516218/media

- ✓ Connect with mentors and friends
- ✓ Earn Professional Development Units
- ✓ Network with other professionals





Help Me Grow Spring Session

Age: 3 years old





FOR HEALTHY LIVING

Preschool daily schedule includes Art, Writing, Circle Time, & Free Play. Curriculum includes letters, numbers, colors and shapes. Tuesday & Thursday, 9:30am - 11:30am or 1:00pm - 3:00pm January 9th - May 23rd Cost: One-time fee of \$166.00







*Parent must stay on site during program.





Register online:

https://fortleonardwood.asymca.org/

For More information: (573) 329-4513 zguller@asymca.org



facebook.com/armedservicesymcaflw



Armed Services YMCA of Missouri . 13900 Replacement Ave. Fort Leonard Wood, MO. 65473

Ages 4 to 5 years old





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Preschool daily schedule includes

Art, Writing, Circle Time, & Free Play.

Curriculum includes letters, numbers, colors and shapes.

Pre-literacy, math, science & social skills are incorporated.

Monday, Wednesday & Friday, 9:30am -11:30am January 8th - May 22nd

Cost: One-time fee of \$188.00 per semester *Parent must stay on site during program.









https://fortleonardwood.asymca.org/

For More information: (573) 329-4513





The ASYMCA IS NOT A PART OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND IT HAS NO GOVERNMENT STATUS

Armed Services YMCA of Missouri , 13900 Replacement Ave. Fort Leonard Wood, MO, 65473





Next Community Information Forum

2024 Topics

- January New Year, Healthy You (Wellness)
- February Transition Services
- March Make a Difference
- April Month of Military Child (Family Focus)
- May Fitness and Sports Month (STRONG Bands)
- June Welcome to FLW
- July Summer Fun
- August Back to School
- September Community Resources
- October Awareness Month
- November SNAIR / Winter Safety
- December (NO Forum due to HBL)

Community Information Forum ICE – Questions/Comments

 If you have any questions, you would like addressed, you can submit them through ICE at https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447
 Or click the QR code













Information is Key

Topics

- Fort Leonard Wood Web Page home.army.mil/wood/index.php
- Fort Leonard Wood Facebook facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site leonardwood.armymwr.com/
- Family & MWR Facebook facebook.com/mwr.ftwood
- AAFES <u>shopmyexchange.com/</u>
- DECA
 - commissaries.com/shopping/store-locations/fort-leonard-wood
- Fort Leonard Wood Religious Support Office facebook.com/fortleonardwoodRSO









BACK UP SLIDES





Home Based Business



STEP 1: Complete the HBB Application and any additional documentation (like licensing or certifications).

STEP 2: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

STEP 3: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg. 470, Room 1104. You may also email your HBB application and supporting documents to megan.j.odonoghue.naf@army.mil

Keep a copy of the completed application for your own records.

Are you operating a Home-Based Business (HBB) on Fort Leonard Wood? If the answer is YES, is your business REGISTERED?

HBBs include but are NOT limited to:

- Hairdressing and hairstyling
- · Home baking and meal preparation
- Pet grooming and pet sitting
- · Massage therapy
- Multi-level sales activities
- Retail sales from home

Family & MWR will route to the Garrison for approval and notify you once a decision is made.

In order to provide on-post in home CHILD CARE, you must be Registered through the Family Child Care (FCC) Program

Bldg 470, Room 1125, (573) 596-0185

BE ALL YOU CAN BE Victory Starts Here! Victory Through Skill!

WE ARE THE ARMY'S HOME





Interactive Customer Evaluation (ICE)



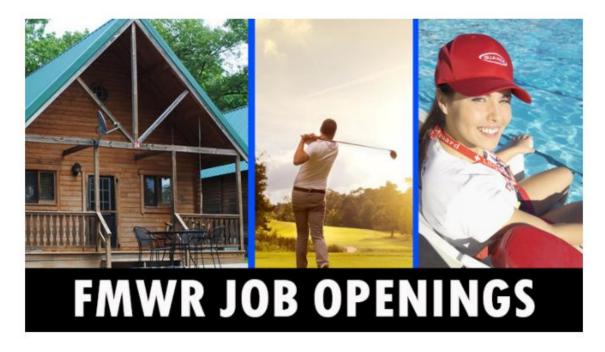
ICE :: Fort Leonard Wood (disa.mil)





Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at leonardwood.armymwr.com/happenings/family-mwr-job-openings
- Apply online at <u>usajobs.gov</u>
- Contact the NAF HR Office at <u>(573) 596-0283</u> for more information.

