

**Woodworks** Community Information Forum – APR 2021 COL Paine, Garrison Commander

Ms. Megan O'Donoghue

Director
Family and Morale, Welfare and
Recreation

As of 02 19 2021

UNCLASSIFIED//FOUO



### **PURPOSE**

## **Community Outreach**

Woodworks is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for service members, families, civilians and retirees.





### **AGENDA**

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Woodworks ICE - Questions/Comments

If you have any questions you would like addressed, you can submit them through ICE at

https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447

Or click the QR code







### CYS ~ MONTH of the MILITARY CHILD







MONDAY 4/12	TUESDAY 4/13	WEDNESDAY 4/14	THURSDAY 4/15	FRIDAY 4/16
We are a Team	TACKY TOURIST	CHARACTER DAY	PURPLE UP!	BOUNCE BACK HAT DAY
Wear your favorite			Let's do all things	Sport your favorite
sports gear.	Dress in your best	Dress up like your	purple.	hat.
	tourist outfit.	favorite character.	Wear purple!  PURPLE UP! DAY	



## **Youth Sports**

Register through 9 April 2021

Sports physicals and health assessments required.

Track - Open to youth ages 5-15.

**Soccer -** Open to youth ages 3-15.

Parents meetings will be scheduled for April 13-15.

Register at Parent Central Services in Building 470,

Room 1126. Contact them at (573) 596-0238.

## **MOMC Scavenger Hunt**

Apr 5-29 2021 ~ 596-0238 or 596-0421

Get all of your stamps, drop off your map at one of the drop stations for a chance to win a prize!

Map & Bingo pickup/Drop Off locations:

CDC 408 / CDC 615 / School Age Center / CYS Bldg 470, Room 1126 / AAFES / Commissary





Apr 30 2021, 4:30 pm - 6:30 pm No Cost

Join us for a drive-thru Month of the Military Child (MOMC) Celebration!

Event will include free giveaways and informational flyers for you and your family! 596-0238 or 596-0421

## Purple Up for Military Kids ~ April 15, 2021

Wear purple in support of our Military Children and Youth!









## **DFMWR / Business & Recreation**



## **Bunny Hop 5K**

Apr 10 2021, 9 am Davidson Fitness Center.

Day-of registration and check-in 7a.m. to 8:30a.m.

Still time to register - Day-of registration - \$30

Ages 4 & under - free (shirt not included)

Register @ leonardwood.armymwr.com
or by calling (573) 596-6913.

Registration includes bunny surprise and limited edition fun run t-shirt. Please bring your receipt.

## S.T.E.A.M Lab Activity Bags

Apr 15 2021, 10 am - 4 pm
Bruce C. Clarke Library
3rd Thursday of each month to pick up a
Quantities are limited and available on a first
come, first served basis while supplies last.
No Cost





### **Kids Bowl Free**

Daugherty Bowling Center Open to youth and their Families this summer!

Each registered child gets two (2) free games of bowling per day. (Shoe rental is not included.) Registration information forth coming.

## Book Brigade @ Bruce C. Clarke Library

- April 29 a book on your TBR that is free (library/gifted)
- · Open to all ages.



### **Outdoor Adventure Center**

Party Rental One Stop Shop!

Book your next celebration here! OAC offers pavilions as well as all of the activities at their facility for birthdays, organizational, and unit parties.

Contact us today at +1 (573)596-4223 for more information and to book your party!

#### Rentals

- Bounce Houses
- Grills
- Dunk Tanks
- Yard Games (Cornhole, horseshoe, ect)
- · Padded chairs (black) with cart
- 10' x 10' pop up tents
- 15' x 15' tent
- 20' x 20' tent
- 8 ft tables with cart
- 6 ft tables
- · Now featuring balloon packages.



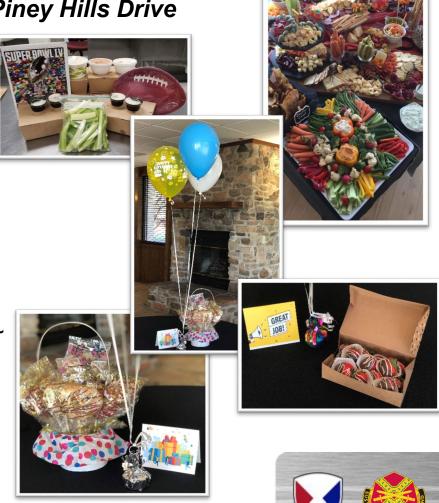




DFMWR / Business & Recreation

Family & MWR CATERING
Bldg: 4109 / 16593 Piney Hills Drive

- Food & Beverage Manager Chloe Williams
- FMWR Catering Office has REOPENED to host catering events that fall within GO#6.
- Our great catering team will help to make your experience a complete success!
- Keep FMWR in mind for your catering needs!
- Catering also can deliver ~ for on post events ~ Lunches / Meetings / Party in a Box / Sprinkles of Joy / Birthday Parties and more





## Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



## **Positions Available:**

Recreation Aid NF-01 (Rec Plex)

Recreation Aid NF-01 (Outdoor Adventure Center)

Recreation Aid (Facility Aid) NF-01

Recreation Aid (Lifeguard) NF-01

Laborer NA-01 (Piney Valley Golf Course)

Food & Beverage Attendant NA-01 (Ozark Tavern)

Bartender NA-03 (Ozark Tavern)

Laborer NA-01 (LORA)

Recreation Aid NF-01 (LORA)

### WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at <u>www.leonardwood.armymwr.com/happenings/family-mwr-job-openings</u>
- Apply online at <u>www.usajobs.gov</u>
- Contact the NAF HR Office at <u>(573) 596-0283</u> for more information.





## DFMWR / Army Community Service



#### For Awareness

- Family Advocacy Program
  - "All in to End Child Abuse" is the theme for Child Abuse Prevention Month in April.
  - April is also Month of the Military Child, Sexual Assault Awareness Month and Autism Awareness Month

#### **Community Interest**

- Family Advocacy Program
  - April 1-30, 2021: Child Abuse Prevention/Awareness Table Display in the lobby of Army Community Services (ACS), Bldg. 486.
  - April 10, 2021: "Chalk the Walks" Family Event at ACS
  - April 15, 2021: Child Abuse Prevention/Awareness Drive Thru Event in the ACS parking lot
  - April 30, 2021: Partnering with CYS for the Month of the Military Child Drive Thru Event at Bldg. 470
  - Pole Banners on Missouri Avenue with the blue ribbon for Child Abuse Prevention.

#### Challenges/Initiatives

- Family Advocacy Program
  - Social media campaign to educate Parents on Child Abuse Prevention.
  - Daily posts on the ACS Facebook Page.

#### In the Works

- Family Advocacy Program
  - Summer child safety campaign for Vehicular Heatstroke Prevention





## Better Opportunities for Single Service Members





BLDG 496 Constitution Ave Fort Leonard Wood, MO (573) 563-5967



## WE SUPPORT OUR COMMUNITY!

#### **Examples of program volunteering:**

- \* Fundraisers
- \* Event setup and breakdown
- \* Event station support
- \* Community projects





The BOSS program is based on *three program pillars*:

- Quality of Life
- Community Service
- Recreation and Leisure

As a member of BOSS, you have a voice in how you live, how you spend your leisure time and how you support the community around you. BOSS Single Service Members:

- •Coordinate and participate in community service projects
- Organize recreation and leisure activities
- •Actively support the quality of life needs of single Service members





# Wellness and Behavioral Health Resources

**Maintenance** Resources Help

**Physical Fitness** POC: Individual/ Unit

Master Resiliency Training **POC: Unit** 

Military Onesource MILITARY

ON! SOURCE Ph: (800) 342-9647

inTransition

**in**Transition Ph: (800) 424-7877

Army Wellness Center/Stress

Ph: (573) 596-9677

Chaplain **Assistance** POC: Unit

Military and **Family Life** Counselors

Ph: (573) 596-0212

Army Substance **Abuse** Program

Ph: (573) 596-0119

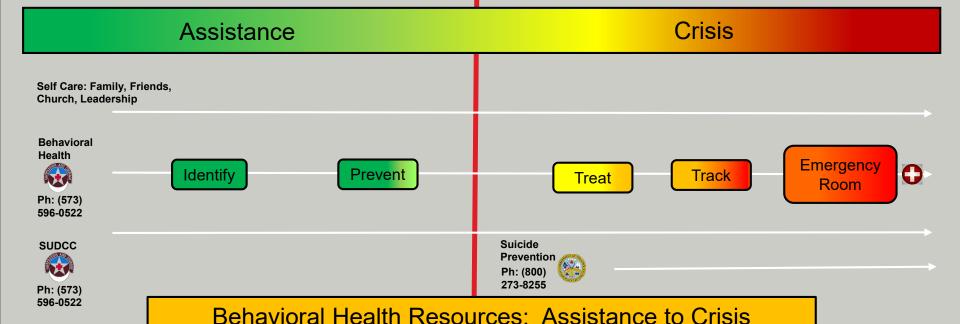
Ph: (573) 596-0456

**GLWACH** Military **Emergency Crisis Line** Department



→ EMERGEN

Military Crisis Line Ph: (800) 273-8255





## Wellness and Behavioral Health Resources

#### Military Onesource

ON SOURCE Ph: (800) 342-9647

Military OneSource is your 24/7 connection to information, answers and support to help you reach your goals, overcome challenges and thrive. As a member of our military family, you are eligible to use this Department of Defense-funded program anytime, anywhere. Turn to Military OneSource for tax services, spouse employment help, webinars and online training, relocation and deployment tools, and much more. Learn about some of the ways we serve you.

#### inTransition

*in*Transition

Ph: (800) 424-7877

inTransition is a free, confidential program that offers specialized coaching and assistance for active-duty service members, National Guard members, reservists, veterans and retirees who need access to mental health care under certain criteria.

#### Army Wellness Center/Stress



Ph: (573) 596-9677

Army Wellness Centers (AWC) provide programs and services that improve and sustain health. performance, and readiness of the Total Army delivered by highly trained health professionals. The AWCs are an actionable platform delivering evidence based programs that improve individual and unit readiness, utilizing mobile advanced testing technology, providing immediate feedback to improve Soldier readiness delivered by highly trained health & human performance professionals.

#### Behavioral Health



Ph: (573) 596-0522

When our Soldiers return home, most (along with their family members) will experience a readjustment period and a successful home transition. Some will need short or long-term counseling to assist in their transition. Please explore this Web site especially for Soldiers, Families, and friends. Learn how to adjust, cope, get ready to deploy. transition to return home, and access other information and helping resources

#### SUDCC



Ph: (573) 596-0522

The Clinical services for the Substance Abuse Program provided by the SUDCC. SUDCC is an outpatient substance abuse treatment service available to all active duty personnel. The mission of SUDCC is to support military readiness by providing effective treatment strategies that will enable individuals to develop abstinence, enhance quality of life and promote healthy lifestyles.

# Military and Family Life Counselors



Ph: (573) 596-0212

The Military and Family Life Counseling Program supports service members, their families and survivors with non-medical counseling worldwide. Trained to work with the military community, military and family life counselors deliver valuable face-to-face counseling services, briefings and presentations to the military community both on and off the installation.

Army Substance Abuse Program



Ph: (573) 596-0119

The Army Substance Abuse Program mission is to strengthen the overall fitness and effectiveness of the Army's workforce, to conserve manpower and enhance the combat readiness of Soldiers.

#### GLWACH Emergency Department





Ph: (573) 596-0456

GLWACH's Department of Emergency Medicine provides quality, compassionate care to critically ill and injured military beneficiaries. As GLWACHs only 24-7 patient care portal, we are here when you need us. We specialize in caring for the full range of urgent and life-threatening medical, surgical, obstetric, pediatric, and psychiatric conditions.

#### Suicide Prevention

Ph: (800) 273-8255

As an integral component of Army's Ready and Resilient Campaign (R2C), ASPP improves readiness of the Army through the development and enhancement of Army Suicide Prevention Program policies, training, data collection and analysis, and strategic communications designed to minimize suicide behavior; thereby preserving mission effectiveness through individual readiness and resilience for Soldiers, Army Civilians and Family members.

#### Military Crisis Line



Military Crisis Lin

Ph: (800) 273-8255

The Military Crisis Line, textmessaging service, and online chat provide free VA support for all Service members, including members of the National Guard and Reserve, and all Veterans, even if they are not registered with VA or enrolled in VA health care.



### DPW HOUSING OFFICE / BALFOUR BEATTY

#### For Awareness

- Fort Leonard Wood Communities is still in COVID protective posture
  - Community centers are not accepting in person appointments
  - Fort Leonard Wood Communities will dropping off DIY crafts.

### **Community Interest**

 Mayor program is up and operational expect first community news letter in April.



#### **Challenges/Initiatives**

- Spring maintenance
  - Make sure floor vents are not covered this will assist in preventing mold.

#### In the Works

- Developing plans for construction and renovations of family homes on FLW.
- Yard of the month will be starting up in April
- Pet of the month will be starting up in may









### **DHR**

#### For Awareness FLW ID Card Section (573) 596-0744

- FLW ID Card Section: Appointments for reissuance of expiring ID, CAC and Dependent cards can be made within 90 days of expiration at <a href="https://idco.dmdc.osd.mil/idco/">https://idco.dmdc.osd.mil/idco/</a>
- a. Dependent ID: Sponsor must be present or have a DD Form 1172 application for identification card/DEERS signed by sponsor or power or attorney and two forms of ID (Birth Cert or SS Card)
- b) Spouse and Un-remarried Widow will need two valid forms of ID if turning age 65 Medicare Card. (Birth Certificate, SS Card, Marriage Certificate, Photo ID)
- c) Retired Military: Bring DD Form 214 or retirement orders and two valid forms of ID (Birth Certificate, SS Card, Photo ID)
- Hours of Operation:
- Monday, Tuesday & Friday Appointments only 0800-1600 hrs
- Wednesday Walk-Ins Only 0800-1600 hrs
- Thursday Appointments Only 0800-1200 hrs
- Thursday Afternoon Closed for system maintenance & training

### Challenges/Initiatives

- USO Partnership TAP Center
- Higher Education Counselor TAP Center
- Spouses Employment Lounge
- Career Skills Program Installation Administrator TAP Center

### **Community Interest**

- Pathways to Careers (P2C)
- Spouses Employment Lounge
- Transition Assistance Program seated classes
- Truman Education Center is open to assist Soldier's with ArmylgnitED accounts for TA & CA and education counseling M-T-W-F 0730-1630 hrs & Thursday 1200-1630 hrs
- Please visit us @ Fort Leonard Wood Facebook Page Education Center

#### In the Works

- FLW Career Fair Hiring our Heroes, Nutter Field House, Bldg 1067, 0800-1600 hrs, 4-5 Aug 21 (tentative)
- FLW Retiree Appreciation Days, Nutter Field House, Bldg 1067, 0900-1300 hrs, 10-11 Sep 21 (tentative)
- FLW Career and Education Fair, Nutter Field House, Bldg 1067, 0800-1600 hrs, 28 Oct 21
- Career Skills Program (CSP) Individual Internships
- FLW All Schools Graduation, Nutter Field House, Bldg 1067, 1300-UTC 20 Oct 21 (Tentative)







## DES

#### For Awareness

- Weather
  - · Low Water Crossing
- Weapons registration / declaring weapons
  - Article in the Guidon
- Changing traffic at hospital

## **Community Interest**

- Car Seat Inspections (Fire Station)
- Training available upon request (Fire extinguisher)
- Hunting
  - Spring Turkey (Youth) 10-11APR
  - Spring Turkey (All) 19APR-9MAY
- Month of the Military Child Parade (Fire Truck Display and Sparky) (30APR21)

### Challenges/Initiatives

- Challenges
  - Speeding
  - Warrants
- Initiatives
  - Intelligence led policing



#### In the Works

 AIE/Access Control efficiency (Obtaining additional scanners for the gates)







## SAFTEY ~ Distracted Driving





Keep your eyes on the road.

Pull over to read directions.

### Put your phone in "Do Not Disturb" mode.

- · Cell Phone / Texting
- Adjusting your child's seatbelt.
- Smoking
- Searching through your purse or wallet
- Turning knobs in your car.







Keep your phone out of reach.

Make all adjustments before driving.

Don't reach for items while driving.

- Cell Phones / Texting
- Eating while driving
- · Looking for items in the car
- Checking/ adjusting your GPS
- Changing the radio station.
- Adjusting controls buttons.
- Taking in the view.
- Doing your hair / makeup



COGNITIVE



Avoid phone calls, even hands-free.

Stay focused on the road.

Keep your emotions in check.

- · Cell Phones / Texting
- Talking to another passenger(s).
- Emotions (mind on other matters)
- Road rage.
- Daydreaming.
- Loud Music
- · Being under the influence.

- ✓ <u>Cell phones</u> Vehicle operators on DoD installations and operators of Government-owned vehicles <u>shall not</u> use cellular phones unless the vehicle is <u>safely parked</u>, or they are using a <u>hands-free</u> device.
- ✓ <u>Texting</u> Texting on any device is also <u>forbidden</u> while driving on any installation or while operating a Government owned vehicle. <u>Pull over and park</u>, or wait until you arrive at your destination to text.
- ✓ Texting and driving can be as dangerous as drinking and driving.
- ✓ Other listening devices Wearing portable headphones, earphones, or other listening devices (except for hands-free cellular phones) while operating a motor vehicle is prohibited.

Cell Phones/Texting while driving is an especially dangerous habit, as it falls under all 3 types of distracted driving.

**Garrison Safety Office 573-596-2100** 



### RELIGIOUS SUPPORT OFFICE

#### For Awareness

Programs for Families Provided by the RSO

- Strong Bonds Weekends
- Faith Stepping Stone events Preschool Parents, Parents and 3<sup>rd</sup> -4<sup>th</sup> Graders
- CCD and RCIA for Catholic Families
- Children's Church and Watch Care during services



6<sup>th</sup> – 12<sup>th</sup> Grade Wednesdays 1830 – 2000 at Bldg 6501



#### **Community Interest**



Hero Squad is a free program from the American Bible Society to provide resources to military children. After signing up you receive a box once a quarter with age and gender appropriate Christian family faith resources.

### **Upcoming Events**

30 April 1600-2030, Brave Women, Strong Faith Retreat 15 May 1500, FLW High School Graduate Blessing at MPC



19-23 July, Vacation Bible School

**POC Martha Strong, DRE** 

martha.a.strong.civ@mail.mil or 6-0089





#### **CATHOLIC WORSHIP**

Catholic Mass Soldier Memorial Chapel (SMC) 1700 - Saturday 0900 - Sunday

Spanish Mass 1830 - 3rd Saturday of each month

Adoration 1800 – 1st Friday of the month

Confessions 1600-1630 Saturdays - SMC

0800-0830 Sundays – SMC Or by appt: 573-596-3913

**Baptisms** By appt: 573-596-3913

Catholic Baptism Class By appt: 573-596-3913

**Daily Mass** Soldier Memorial Chapel 1140 – Monday - Friday

## SUNDAY PROTESTANT WORSHIP

Gospel Protestant 1000 - Central Iowa Chapel

Traditional Protestant Service 1030 - Soldier Memorial Chapel

Crossroads Community Contemporary Service 1100 – Main Post Chapel

#### RELIGIOUS EDUCATION

Catholic Confraternity of Christian Doctrine (CCD)
1100–1230 (Sep to Apr)
(Kindergarten – 8<sup>th</sup> Confirmation)
Religion Class for Adults (RCIA) & Religion Class for Children (RCIC)
Bldg 6501, 3307 Indiana Avenue (YREC)

Christ Fit (For Family, Faith & Fellowship) Bldg 6501, 3307 Indiana Ave (YREC) 1830-2000 Virtual 17 Feb – 28 Apr

#### WORSHIP/STUDIES

Protestant Women of the Chapel (PWOC) Tuesday, 0900 - 1145 For more information on PWOC studies: pwocflw@gmail.com or https://www.facebook.com/fortleonardwoodp

Catholic Women of the Chapel (CWOC) Fridays: 0900-1130 BLDG 590 – NO Childcare available

Catholic Women's Bible Study Sundays: 1100-1230, (during CCD) Bldg 6501, 3307 Indiana Avenue (YREC)

Knights of Columbus – Catholic Men 2<sup>nd</sup> Tues/ea month, 1800 Bldg 590 (SMC Annex)

Gospel Bible Study at Christ Fit Wednesday, 1830-2000 Bldg 6501, 3307 Indiana Avenue (YREC)

Officer Christian Fellowship (OCF) Thursdays, 1145 – 1245 Thurman Hall Room 1432 POC: LTC Runyon, 515-291-7338

USACBRNS Bible Study 2nd & 4ll Weds of each month 1200 – 1300, MSCoE Thurman Hall Rm 1165 POC: CH Southard, 828-390-9020

#### YOUTH

Kids 4 Christ, 1-5 grade Tuesday, 1600-1715 ZOOM Club (Virtual)

Youth of the Chapel, 6-12 grade Wednesday, 1815-2000 Bldg 6501, 3307 Indiana Avenue (YREC)

Catholic Youth (8th – 12 Grade) Sunday, 1300-1500 Bldg 6501, 3307 Indiana Avenue (YREC)

For more information on religious services and events please visit our websites.

Facebook:

https://www.facebook.com/fortleonardwoodRSO/

Website:

http://www.wood.army.mil/newweb/garrison/chaplain.html

For IET specific services, contact your Unit Ministry Team (UMT)











### **COMMUNITY INTEREST**

### **EARTH DAY ACTIVITIES**

## THE CHALLENGES

- · Plastic-free Challenge
  - Have the best idea to use less plastic?
- BioBlitz Challenge
  - · Can you observe and name the most species?
- E-Waste Challenge
  - Have the most interesting electronic waste to recycle?
- Scavenger Hunt
  - · Are you good at finding obscure things?
- Clean Step Challenge
  - Walk and pick up trash as you go and win an award for it.
- Photo Contest
  - Send in an environmental-related photo. Facebook will pick the best.
- Family Fishing Challenge
  - Finally, a contest for the largest perch or sunfish!
- Ultimate "How Many?" Challenge
  - Make an educated guess of how many for each obscure question. Get within 10% and earn a point. Earn the most points and win.
- Logo Design Challenge
  - he Fort needs a new environmental logo! Help us design it.
- Last Chance Challenge
  - Didn't win any other challenge? You'll be automatically entered into the Last Chance Challenge for your efforts. Be sure to enter all the challenges!

## **THE AWARDS**

### 1st Place Prizes

Free Canoe Rentals – Courtesy of the Outdoor Adventure Center, DFMWR (requires access to Fort Leonard Wood – if access is not possible, an alternate prize will be provided).





2<sup>nd</sup> Place Prizes
Portable Coolers

















## **EARTH DAY DO CHALLENGES WIN PRIZES**













**AAFES** 

# I WANT YOU TO APPLY NOW



The Exchange is having a Hiring Fair! 08 APRIL 2021

ON THE SPOT INTERVIEWS!
ON THE SPOT HIRING!

Come out to the Fort Leonard Wood Mini Mall located in Building 490 from 11:00am-1:00pm

We are seeking Day Time Candidates
Offering Flex Scheduling & Great Benefits
Starting Pay ranges from \$10.30-\$11.55

### **JOIN OUR TEAM**

APPLYMYEXCHANGE.COM



### **DECA**



#### For Awareness

New Large Shopping Carts have been ordered

#### **Community Interest**

 Text "Fort Leonard Wood" to 833-998-1228 five times a day through April 11, 2021 to help win an NFL Pro Football Camp

These camps will be hosted by an NFL athlete.

Campers will experience various stations to learn football fundamentals, participate in games and competitions, and receive coaching from the NFL player on the finer points of the game and beyond.

#### Challenges/Initiatives

We will be open during formal inventory April 19<sup>th</sup> & 20th

#### In the Works

SALE

May 19th - 22nd





### **COMMUNITY INTEREST**



#### The Fort Leonard Wood Blood Donor Center:

- Collects blood and blood products for the Armed Services Blood Program, the official blood collection and transfusion agency for the Department of Defense
- Is one of only 22 Army, Navy and Air Force ASBP collection facilities around the world
- Is one of seven Army donor centers that support 100 percent of the U.S. Central Command's blood requirements
- Is one of 10 Army donor centers that produce 50 percent of the ASBP's total annual blood collections

#### Is it safe to donate blood while we fight COVID-19? Yes!

- There have been no reported or suspected cases of transfusiontransmitted COVID-19.
- COVID-19 does not pose any known risk to blood donors during the donation process or from attending blood drives.
- Strict disinfecting measures are taken to ensure a safe environment for collection staff and donors
- Healthy and eligible donors are highly encouraged to donate because blood needs haven't stopped during the pandemic
- The Military Healthcare System requires 400 units of blood every day even as we battle the Coronavirus.

#### You can donate blood to the ASBP if you:

- Have access to Fort Leonard Wood
- Weigh at least 116 pounds
- Are 17 years old or older
- Have been feeling well for the past three consecutive days.
- Are well hydrated and have eaten something before donating.
- Previously lived/were stationed in Germany. Due to recent changes in ASBP travel restrictions, donors previously deferred for time spent in Germany and certain other countries can now donate.

#### Why donate:

- Donors giving at the Fort Leonard Wood Blood Donor Center have their hemoglobin levels, blood pressure, pulse and temperature checked. These can let you know if anything is out of the norm.
- American Medical Association and American Journal of Epidemiology studies indicated that participants had fewer heart attacks and strokes when they donated blood every six months.
- Donating blood is like hitting a person's "refresh" button -- it reduces the number of red cells in the blood which makes the bone marrow immediately produce more. As a result, the donor's blood is refreshed every time they donate.

#### Your blood donation will help:

- A service member wounded on the battlefield
- A family member with cancer
- A loved one needing surgery
- A child with a blood disease
- One unit of blood will sustain a premature infant for two weeks

#### What's in it for me?

- A great feeling: Helping save a life or allowing someone to recover from an illness or injury
- Time off: Fort Leonard Wood Civilian Personnel Regulation 690-12, Chapter 8, Paragraph 8-4J states that employees can be granted up to four hours excused absence to donate blood.
- Promotion points: Our incentive policy provides various rewards for repeat donors such as a Certificate of Appreciation for everyone completing their fourth donation with the ASBP. This COA is worth five promotion points.
- Goodies: All donors receive a free t-shirt, juice and cookies.
- A heart-felt "thank you"



## Information is Key

### **Topics**

 Fort Leonard Wood Web Page home.army.mil/wood/index.php

Fort Leonard Wood Facebook

www.facebook.com/fortleonardwoodmissouri/

Family & MWR Web Site

leonardwood.armymwr.com/

Family & MWR Facebook

www.facebook.com/mwr.ftwood

AAFES

www.shopmyexchange.com/

DECA

https://commissaries.com/shopping/store-locations/fort-leonard-wood















### **Next Woodworks**

### **Topics**

- January New Year Healthy You (Wellness)
- February Community Resources
- · March Transition Services
- April Month of Military Child (Family Focus)
- May Summer Fun
- June Welcome to FLW
- July Back to School
- August Local Flair
- September Community Resources
- October Domestic Violence Awareness / ASAP
- November SNAIR / Winter Safely
- December (break due to HBL)

### Woodworks ICE - Questions/Comments

 If you have any questions you would like addressed, you can submit them through ICE at <a href="https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447">https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447</a>
 Or click the QR code



