



Community Information Forum October 2024

COL Bartley, Garrison Commander

☆☆☆☆ WE ARE THE ARMY'S HOME ☆☆☆☆



Ms. Megan O'Donoghue
Director, Family and Morale, Welfare and Recreation
U.S. Army Installation Management Command

PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for Service Members, Families, Civilians and Retirees.



AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers



Community Information Forum ICE – Questions/Comments

If you have any questions, you would like addressed, you can submit them through ICE at

<https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447>

Or click the QR code



OCTOBER IS...

NATIONAL
DOMESTIC
VIOLENCE
AWARENESS
MONTH



**FIRE
PREVENTION
MONTH**



NATIONAL
SUBSTANCE
ABUSE
AWARENESS
MONTH



RED RIBBON WEEK
OCT 23-31

Halloween Safety
Month



BREAST
CANCER
AWARENESS
MONTH



AWARENESS MONTH





Ft. Leonard Wood - US Army MWR

<https://leonardwood.armymwr.com>



Oktoberfest

OCT 4, 4-9 PM AND OCT 5, 12-9 PM
COLYER PARK

Wear your dirndl or lederhosen and join us for a weekend of live music, food, activities, contests, cold beer, and fun!

Food & beverages available for purchase. Sign up online, in person, or by calling Leisure Travel Services at 573-328-8587 for the Volksmarch or Cornhole Bag Toss taking place on October 5th!

QUESTIONS? CALL US: **573-596-6913**
LEONARDWOOD.ARMYMWR.COM

JOHN CLAPP MEMORIAL SOFTBALL TOURNAMENT

OCT 5, 9AM

Register Sept 9 - Sept 30
Coaches meeting: Oct 5, 8:30am

\$300 per team, 9 player minimum.
Registration & entry fee must be paid in person at DFC in person or by calling the number below.



Clapp Sports Complex
Sports Complex B

DAVIDSON FITNESS CENTER, 1300 S. DAKOTA AVE.
573-596-4359
LEONARDWOOD.ARMYMWR.COM

TRUNK OR TREAT
OCT 25, 4-6PM
MAIN POST EXCHANGE



Join us for a FREE night of games, trunks, and treats for all ages! To host a trunk or booth, contact us online or at the number below!

INSTALLATION WIDE EVENTS
573-596-6913
LEONARDWOOD.ARMYMWR.COM

HARVEST Fest
OCT 26, 3:30-9PM
Shuttle from Pershing Community Center begins at 3pm.
Piney Valley Golf Course

Come out for an evening of fun events for all ages!

Pumpkin patch rides, decorating pumpkins, bounce houses, axe throwing, a haunted house, and food and drinks!

YOUTH SPORTS & FITNESS COSTUME DASH
SPM: Come in costume for a fun run! Open to children of all ages and their families. Pre-register with Youth Sports & Fitness at 573-596-0185.

BOSS HAUNTED HOUSE
Individual cost: \$5 (Harvest Fest only), \$10 (Harvest Fest with Haunted House)
Family Pricing: \$20 (Harvest Fest only), \$25 (Harvest Fest with Haunted House)
Children under 12 require adult supervision inside haunted house at all times.

   **573-596-6913**
LEONARDWOOD.ARMYMWR.COM

MWR Facebook
<https://www.facebook.com/mwr.ftwood>





 | **ARMY FAMILY CHILD CARE (FCC)** 

**Higher starting income!
Opportunities to increase your income!* Training included!**

Earn a \$1k recruitment or relocation BONUS*, too!

**Work at home - Start a great career -
Own your own business with FCC!**

*Conditions apply

www.ArmyMWR.com/FCC

Join the growing ranks of Family Child Care Providers. Where passion meets purpose. FCC Providers feel great about what they do: caring for children in their on-post homes. They are small business owners who not only earn a competitive income they are able to care for their own children at the same time.

<https://leonardwood.armymwr.com/programs/family-child-care>



DFMWR / ARMY COMMUNITY SERVICE

Awareness Month



National Domestic Violence Awareness Month

Domestic Violence Awareness Month (DVAM) was launched nationwide in October 1987 to connect and unite domestic violence issues while raising awareness for those issues. Over the past 30+ years, much progress has been made to support victims, survivors, and to hold abusers accountable.

Think of ACS when... You are looking for Family programs, self-help, prevention briefings and classes, or for connection and networking with others

- **SOS:** Grief and financial support for survivors
- **FAP:** Family focused educational courses and support
- **EFMP:** Education & Medical Support
- **FRP:** Financial Management
- **RRP:** PCS Moving Support
- **I&R:** Services Briefings



19 October 2024 / ACS Bldg 486

National Make a Difference Day & Domestic Violence Awareness Event

Make a Difference Day Kick Off

- 7:00am – Check-in for service projects
- 8:00am – Begin Clean-Up Projects
- 11:00am – Lunch served at ACS
- 2:00pm – Event completion

Join us that same day for

Domestic Violence Awareness Events

- 9:00am – DVAM Color Run
- 9:30am – Celebrating Military Families

Call (573) 596-0212 or find us on Facebook at **Fort Leonard Wood Army Community Service (ACS)**



DFMWR / ARMY COMMUNITY SERVICE

Awareness Month



MAKE A DIFFERENCE DAY

OCT 19, ACS, BLDG 486

Join us for the nation's official day of community service!

7AM: REGISTRATION, 8AM: BEGIN VOLUNTEER CLEAN-UP PROJECTS, 11AM: SERVED LUNCH, 1PM COMPLETE

On the same day, we'll have a 9am color run and a 9:30am family fun event at ACS!



ARMY COMMUNITY SERVICE
573-596-0613
LEONARDWOOD.ARMYMWR.COM



SPEAK UP / SPEAK OUT

Domestic Violence Awareness Month Speaker Event



OCT 4, 9-11AM *Main Post Chapel*
608 MINNESOTA AVE.

Featuring guest speakers and survivors

Hayden Dugger and Melissa Sharp

Speakers will provide information based on their own personal experiences as it relates to Domestic Violence Awareness Month. They'll educate on the dynamics of domestic violence through their personal stories of survival and ensure that all attendees are fully aware of resources and options available to support and enhance prevention measures. Event will be followed by refreshments.

For any questions, please call:
573-596-4268



DOMESTIC VIOLENCE AWARENESS

In honor of those who survived and in memory of those who are no longer here.

OCT 19, ACS BLDG 486



COLOR RUN

9AM

Wear a white shirt and join in a free fun run with a twist of purple color. No official timing, no awards.
573-596-4359

CELEBRATING MILITARY FAMILIES

9:30AM

Join us for free family fun with music, yard games, bounce house, and prizes, and pick up info on healthy relationships and how to join in to prevent domestic abuse. Hot dogs and snacks available.



ARMY COMMUNITY SERVICE
573-596-4268
LEONARDWOOD.ARMYMWR.COM



October is Substance Abuse Prevention Month



Red Ribbon Week Theme 2024



PREVENTION AIMS TO...

- Prevent *initiation* of substance use
- Prevent *progression* of substance use (to a substance use disorder)
- Prevent and reduce *harms* associated with substance use

Army Substance Abuse Program

(ASAP) ensures that Command Teams, Service Members, Family Members and Civilian Employees are aware of and how to mitigate high-risk behaviors. ASAP would like to provide resource information to improve personal readiness and resilience.

Upcoming ASAP Events/Campaigns:

October:

Substance Abuse Prevention Month

Red Ribbon Week (23-31 OCT)

R2 Fair: 22 OCT 0900-1300 hrs.

MPC ASAP Main Phone:

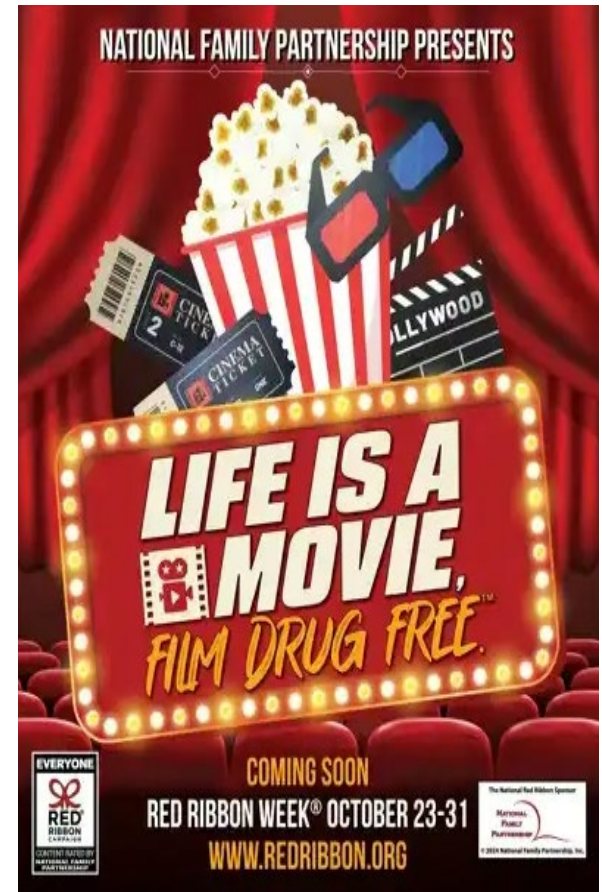
(573) 596-0938

Red Ribbon Week Contact

Bldg. 486, M-F 0730-1600

POC: Kyle Roberts, 573-596-7260

email: kyle.c.roberts.civ@army.mil



FORT LEONARD WOOD RESILIENCE RESOURCES

Emergency Resources

GLWACH Behavioral Health and Substance Use Disorder Clinical

Care (573) 596-0522, Basement Rm 61, M-F Walk-In 0800-1600

After Hours: GLWACH Emergency Department ***Call 911

National Suicide Prevention Lifeline

988, press 1 for military (24/7) Text: 838255 or Chat:

<https://www.veteranscrisisline.net>

DES Military Police Desk: 911 or (573) 596-6141

Military & Family Life Counselors

(Service Members and Family Members)

(573) 596-0212 (ACS main phone)

<https://www.militaryonesource.mil/confidential-help/mflc>

Family Life Chaplain, Bldg. 340

Duty Hours: (573) 596-2127/2695

After Hours Duty CH: (573) 563-6126

SHARP FLW 24/7 Hotline: (573) 855-1327 / DOD Safe 877-995-5247

Military One Source (24/7) 1-800-342-9647

www.militaryonesource.mil

Local help/websites:

- **FLW Alcoholics Anonymous, Main Post Chapel, M,W,F 1200 hours**

Tommy H. (253) 363-3306 and Jenna M. (970) 390-5725

<http://www.aadistrict9mo.com>

- Operation Supplement Safety: <https://www.opss.org>
- Alcohol- Own Your Limits: <https://www.ownyourlimits.org>
- Drugs- Too Much to Lose: <https://www.toomuchtolose.org>

- Directorate of Prevention, Resilience and Readiness
<https://www.armyresilience.army.mil>

Additional Prevention Resources

Army Substance Abuse Program

Substance Abuse/Misuse Prevention, Education, Drug Testing and Campaigns

(573) 596-0938, Bldg. 486 / M-F 0730-1600

Employee Assistance Program (DOD Civilian and Family Members)

Short Term Non-Medical Counseling, Referrals, Workplace Consultations

(573) 596-7199, Bldg. 486 / Mon-Fri 0730-1600

Army Community Service

Family Advocacy, EFMP, Financial Readiness, Relocation, Employment, SOS

(573) 596-0212, Bldg. 486 / M-F 0730-1630

Armed Forces Wellness Center (AFWC)

Body Composition, Physical Fitness Assessment, Health Coaching, Stress Management Training, General Wellness Classes

(573) 596-9677, Bldg. 350 / M-THU 0700-1600, F 0700-1300

R2 Performance Center

Customized performance training, MRT-coping skills, Engage

(573) 563-4174, Bldg. 350 / M-F 0800-1600

Transition Assistance Program (TAP)

Career Assessment, Connection to Resources, help families transition

(573) 596-0175, Bldg.470, Room 2219 / M-F 0730-1630

Community Resource Guide (CRG) (On/Off Post Resources)

<https://crg.health.mil/guides/tradoc/leonardwood>





**BETTER OPPORTUNITIES
FOR SINGLE SERVICE MEMBERS**



The Better Opportunities for Single Service Members (BOSS) Program supports the overall quality of life for the single Service Members and helps to maintain & improve Service Member readiness.

Call (573) 596-7510 or find us on Facebook and Instagram at **Fort Leonard Wood BOSS**

Upcoming Events:

- 2 & 16 Oct** – BOSS Board Prep
- 3 & 17 Oct** – BOSS Meeting
- 5, 19, & 26 Oct** – BOSS Concessions
- 5 & 19 Oct** – Volunteer at local resource center w/ 58th Trans
- 12 Oct** – Volunteer at local Fire Safety Day
- 26 Oct** – BOSS Haunted House Contest & Harvest Fest



Contact your BOSS Rep!

WE ARE THE ARMY'S HOME



GENERAL LEONARD WOOD ARMY HOSPITAL

MAMMOGRAPHY DEPARTMENT



Breast Cancer Awareness Month

- What is Breast Cancer? A type of cancer that forms in the cells of the breast. Most common cancer in women worldwide.
- Early Detection: Mammograms can detect breast cancer early, increasing the chances of successful treatment.
- Symptoms: Lumps in the breast, changes in breast shape, dimpling of the skin, and nipple discharge.
- Risk factors: Age, family history, genetic mutations (e.g., BRCA1 and BRCA2), and lifestyle factors.
- Prevention and Support: Regular screenings, healthy lifestyle, and support systems.

Mammography Services

- Scheduled exams Monday – Friday from 7:30 am to 4:00 pm.
- First Floor of the Hospital.



SAFETY AWARENESS ... FALL INTO SAFETY!

9 Ways to Give an Effective Safety Briefing

- Grab the team members attention
- Review the scope of work for the day
- Ask for previous experiences in the project's specific type of work/labor
- Consider new and different safe techniques to execute the job
- Allow time for coaching and mentoring before starting new work
- Stay on a set agenda but take note of points that need to be reinforced
- Continually give team members opportunities to ask questions
- Verify the team clearly understands each section of the safety briefing
- Fill out appropriate documentation for completed safety briefing



High Holidays at FLW 2024

Schedule of Services

Friday, 04 OCT 2024:

1900 - 2000: Kabbalat Shabbat Service + Rosh Hashanah Fellowship

Where: South Iowa Chapel

Friday, 11 OCT 2024:

1900 - 2000: Kabbalat Shabbat + Yom Kippur Kol Nidre Service

Where: South Iowa Chapel

Rosh Hashanah, the Jewish New Year, marks a time of reflection, renewal, and hope for the year ahead. Our service is open to all, inviting everyone to experience the warmth of community and tradition



**Fort Leonard Wood
Chapels
Community Event**

**Sunday, 27 October
1600-1730**

**Main Post Chapel
North Parking Lot**

**Candy, Games, Food
Fun for Everyone**

**To Host a Trunk
contact: Martha Strong**



**Presentation on Angels
At Blg 590, Chapel Annex
Saturday, 5 October**

Mass @ 0900, Program @ 0945

**Hosted by Sacred Heart Catholic Community
POC: CH Cotter, 573-596-2657**

POC: Martha Strong, DRE martha.a.strong.civ@army.mil or 6-0089



RELIGIOUS SUPPORT OFFICE

CATHOLIC WORSHIP

Catholic Mass
Soldier Memorial Chapel (SMC)
0900 – Sunday

Adoration
Soldier Memorial Chapel (SMC)
1730, 1st Friday of each month

Confessions
0830 (Prior to Mass)
Sundays – SMC and Mon-Fri after 1200
Weekday Mass

Baptisms
By appt: 573-596-3913

Catholic Baptism Class
4th Sunday following 0900 Mass

Weekday Mass
Soldier Memorial Chapel
1200, Mon – Fri
(except training/Federal holidays)

Holy Day of Obligation masses will be offered at 1200 and 1800

SUNDAY PROTESTANT WORSHIP

Gospel Protestant
1000 – Central Iowa Chapel

Traditional Protestant Service
1030 – Soldier Memorial Chapel

**Crossroads Community
Contemporary Service**
1100 – Specker Chapel (Bldg 1712)

Resurrection Anglican Fellowship
0900 – Sundays
South Iowa Chapel

**Church of Jesus Christ of Latter-day
Saints Sacrament Meeting (IET)**
1300-1500 – Sundays
South Iowa Chapel

OTHER SERVICES

Buddhist Service
1900–2000 - Thursdays
North Iowa Chapel

Islamic Religious Education
0800-1000 – Sundays
Main Post Chapel, Room 162

Islamic Friday Prayer
1215-1245 – Fridays
Central Iowa Chapel Fellowship Rm

Pagan Service
0800-0900 - Sundays
North Iowa Chapel

RELIGIOUS EDUCATION

Catholic Religious Education Classes
1030-1200 Sundays (Sep-May)
Bldg 608 – Main Post Chapel
1st Communion, Confirmation
POC: Annie Gasway, 573-596-3913

Religion Class for Adults (OCIA)
1015 Sundays (Sep-May)
Bldg 608 – Main Post Chapel
POC: CH Stephen Cotter, 573-596-2657

Faith Skills
(For Family, Faith & Fellowship)
Main Post Chapel (MPC)
Wednesdays, 1730-1930
POC: DRE - Martha Strong 596-0089 Email
martha.a.strong.civ@army.mil
Fall Session: 4 Sep – 6 Nov 2024

****This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.****



STUDIES

Protestant Women of the Chapel (PWOC)
Tuesdays, 0900-1130, Main Post Chapel
For more information: pwocflw@gmail.com or
<https://facebook.com/fortleonardwoodpwoc/>

Catholic Women of the Chapel (CWOC)
@ Faith Skills, Fall 4 Sep-6 Nov
POC: Marielle King @ 734-904-1933 or email
cwocflw@gmail.com

Catholic Men Rifles & Rosaries
Monthly 2nd Saturday @ 0900 at SMC
POC: Kyle King, 734-431-7060 or
4thmichigan@gmail.com

Navigators Bible Study
Weds, 1800-2000, Specker Chapel
POC: Chief Chrisman, 573-596-4948,
matthew.d.chrisman.mil@army.mil Facebook:
<https://www.facebook.com/flwnavs>

Crossroads Men's Study
Fridays – 1730
Specker Chapel
POC: Chief Chrisman,
matthew.d.Chrisman.mil@army.mil

YOUTH

Warriors 4 Christ, 1 – 5 Grade
@ Faith Skills, **Fall 4 Sep – 6 Nov**

Youth of the Chapel, 6-12 Grade
Weds, 1800-2000
Bldg 608 – Main Post Chapel
POC: Patrick Smiley
psmiley@clubbeyond.org, 405-906-9994

Sponsoring Chaplain: CH Darrell Burriss
573-596-2695

For more information on religious services and events please visit our websites.

Facebook:
<https://www.facebook.com/fortleonardwoodRSO/>

Website:
<http://www.wood.army.mil/newweb/garrison/chaplain.html>





Fire Prevention Week

6-12 October

For more information on fire safety,
call the Fort Leonard Wood Fire
Department at 573.596.0886



Fire Fest
2024

OCT. 05
10 am - 2 pm
@
Main Exchange

Vendors
Kids Crafts
Bounce Houses
Firefighter Obstacle Course
Car Show with Voting &
So Much More

Event Presented by the Fort Leonard Wood Fire Prevention
For more information call FLW Fire Prevention 573 - 596 - 0886





NEW Chef Inspired Meal Options available at Your Commissary! Just Heat & Eat

(Microwave available in the Deli)
Current Price- \$5.00 EA

DECA



Your Pet, Our Passion.®



**Save the Date:
Oct. 18, 2024
Purina Dog Show
@ Your Ft. Leonard
Wood Commissary!**



Always be Prepared:

- Canned Food & Can Opener
- Bottled Water
- Batteries & Flashlights
- MRE's
- Items used for canning your own food
- Hygiene & First Aid Items



****You can find all of these items @ Your Commissary!****





AAFES



Please excuse our mess!!

We are in transition to bring you a better shopping experience!!

- Trunk or Treat Oct 25th.



COMING SOON

Register to shop with us >



**Hours of Operation:**

Monday – Wednesday: 0900 - 1500
Thursday – Sunday: 0830-1600

Building 805 Iowa Ave.

Upcoming Events:

- *Oct. 5th: **USO Special Delivery at 11am**
- *Oct. 6th: NFL Watch Party at 12pm
- *Oct. 9th: **RSVP's open for 12/7 Holiday Family Cheer**
- *Oct. 10th: USO Coffee Connections at 9:30am
- *Oct. 11th: **Service Member Dine & Unwind at 11am**
- *Oct. 11th: USO: For the Love of Dogs Series at 5pm
- *Oct. 12th: **College Football Watch Party at 11am**
- *Oct. 12th: USO Gaming Tournament at 11am
- *Oct. 13th: **NFL Watch Party at 12pm**
- *Oct. 18th: Family Game Night Spooktacular at 5pm
- *Oct. 19th: **Maverick's 8th Birthday Celebration at 12pm**
- *Oct. 20th: NFL Watch Party at 12pm
- *Oct. 25th: **Service Member Dine & Unwind at 11am**
- *Oct. 26th: College Football Watch Party at 11am
- *Oct. 26th: **Troops Pumpkin Carving Contest at 11am**
- *Oct. 27th: NFL Watch Party at 12pm
- *Nov. 1st: **Service Member Dine & Unwind at 11am**

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

[HTTPS://MISSOURI.USO.ORG](https://missouri.uso.org)

(573) 329-2039

POC: Kelly Brownfield kbrownfield@uso.org

**Transitions****OFFERING 1:1
VIRTUAL SUPPORT TO
TRANSITIONING SERVICE MEMBERS,
AGR, & MILSPOUSES**

FREE Civilian or Federal Resume Writing

Access to Online Learning Platforms

Personal Branding Workshops

Mentorship Connections

& More Personalized Resources In:

**EMPLOYMENT | EDUCATION | VA BENEFITS
FINANCIAL READINESS | MENTORSHIP**

**Register with us today!
uso.org/transition**





the Y
ARMED SERVICES YMCA



Have you ever wondered where the brown paper bags that you can purchase at the commissary go?

Those bags go directly to the Strong Hold Food Pantry here at the Fort Leonard Wood ASYMCA.

The food pantry is available to all Military ID Card holders, open shopping days 2-3x a month, emergency food assistance by appointment only.

The ASYMCA is not a part of the Department of Defense or any of its components and it has no Government status.



YOUTH BASKETBALL
YOUTH CHEER


Open to all children | ages 5-17

Youth basketball and cheer is open to all children in the community regardless of military affiliation. Teams will be age appropriate co-ed teams created by a blind draft. All practices and games are held off post at Waynesville Schools during the week. Practice times will be determined by coaches once the season begins. All skill levels are welcome.

Youth Basketball
Starts: November
Ages 5-8 Cost: \$55
Ages 9-17 Cost: \$60
*Includes a jersey

Youth Cheer
Starts: November
Ages 5-17 Cost: \$55
*Includes shirt and pom poms

Register



Next Fresh Vegetable Box Distribution: Oct 8th

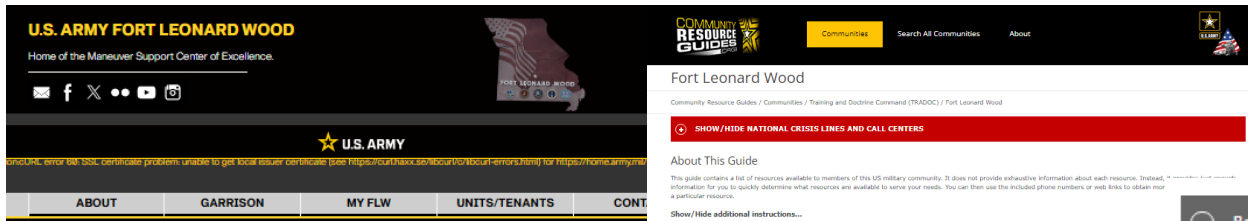
- Drive thru
- Open to anyone

Next Pantry Shopping Date: Oct 9th & Oct 23rd

- Registration Required
- Visit www.facebook.com/armedservicesymcaflw

FORT LEONARD WOOD RESOURCE CENTER

<https://home.army.mil/wood/>



U.S. ARMY FORT LEONARD WOOD
Home of the Maneuver Support Center of Excellence.

COMMUNITY RESOURCE GUIDES
Fort Leonard Wood

Community Resource Guides / Communities / Training and Doctrine Command (TRADOC) / Fort Leonard Wood

SHOW/HIDE NATIONAL CRISIS LINES AND CALL CENTERS

About This Guide
This guide contains a list of resources available to members of this US military community. It does not provide exhaustive information about each resource. Instead, information for you to quickly determine what resources are available to serve your needs. You can then use the included phone numbers or web links to obtain more information about a particular resource.

Show/Hide additional instructions...

Browse Resources: by Subject by Provider by A-to-Z Index Search



LATEST NEWS

Fall hunting season: With various hunting seasons starting and quickly approaching, it's important to know the rules that affect Fort Leonard Wood. [Click here](#) for some of the upcoming dates and rules to know before hunting on Fort Leonard Wood.

Know Your World: Fort Leonard Wood's International Military Students Office is hosting the 22nd Know Your World event, from 8 to 8 p.m. **Oct. 4 at Nutter Field House.** This year's event brings together individuals from 38 countries to share culture and customs.

Fire Fest: The Fort Leonard Wood Fire Department will be hosting Fire Fest from 10 a.m. to 2 p.m. **Oct. 5 in the Exchange parking lot.** This year's event will feature vendors, crafts for kids, bounce houses, an obstacle course and car show. Call 573-596-8886 for more information.

- Current HPCON Level: A
- ### TOP LINKS
- FLW WEATHER AND HAZAR CONDITIONS
 - FLW COMMAND POLICIES MEMORANDUMS OF INSTRUCTIO
 - FORT LEONARD WOOD REGULATIONS
 - U.S. ARMY GARRISON POLI
 - GRADUATION INFORMATX
 - NEWCOMERS INFORMATX
 - VISITOR AND GATE INFORMATION
 - GETTING TO FORT LEONARD WOOD
 - UNIT SOCIAL MEDIA PAGE
 - EMPLOYEE SPOTLIGHT
 - PCS INFORMATION
 - DEERS/ID CARDS
 - PROVIDE FEEDBACK (BCE)
 - EGUIDON EDITIONS
 - PROFESSIONAL BULLETINS

FORT LEONARD WOOD EMPLOYMENT OPPORTUNITIES

- Community Resource Guide**
This guide contains a list of resources available on Fort Leonard Wood.

Browse by Subject

- Behavioral Health
- Education
- Emergency Services - Local
- Employment and the Workplace
- Families
- Food and Dining
- Healthy Living
- Installation Services
- Medical Care
- Military and Veterans Affairs
- Recreation and Hobbies
- Relocating
- Safety
- Social and Spiritual Well-Being
- Survivor Outreach

Behavioral Health

- Alcohol Abuse
- Anger Management
- Anxiety
- Attention Deficit or Hyperactivity Disorder
- Autism
- Combat and Post-Traumatic Stress
- Depression
- Domestic Violence
- Drug and Substance Abuse
- Gambling Addiction

Autism

- GLWACH Appointment Line
GLWACH is expanding the availability of virtual appointments. As GLWACH has reduced some of its non-urgent in-person appointments to limit possible exposure of both patients and staff to COVID-19, telehealth options are being implemented. Depending on your needs, a video or telephone appointment with your provider may be a booked as an alternative to an in-person appointment.
- GLWACH Behavioral Health (Clinical Support)
The GLWACH Behavior Health Service Line provides both individual and group therapy options and medication management to address mental health concerns. Accepting active duty members and dependent children of active duty service members.

<https://home.army.mil/wood/>



NEXT COMMUNITY INFORMATION FORUM

2024 Sessions

- January – New Year, Healthy You (Wellness)
- February – Transition Services
- March at Main Post Chapel – Make a Difference
- April – Month of Military Child (Family Focus)
- May – Fitness and Sports Month (Strong B.A.N.D.S.)
- June – Summer Fun
- July – Welcome to FLW
- August – Back to School
- September – Community Resources
- October – Awareness Month
- **November – DWMO (Formerly SNAIR) / Winter Safety**
- December – (NO Forum due to HBL)

Community Information Forum ICE Comments

Share your comments/concerns by scanning the QR Code



SHARE this month's slides

Scan QR Code & send CIF Slides in your team notes





2024 Holiday Gift Wrapping Program
Email Updates Coming Soon

Gift wrapping dates are, 24 November through 24 December 2024.

**The Holiday Gift Wrapping Program
is an opportunity for SFRG's & Unit Funds
to earn holiday cash & support the
Fort Leonard Community.**



Information is Key

Topics

- Fort Leonard Wood Web Page
home.army.mil/wood/index.php
- Fort Leonard Wood Facebook
facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site
leonardwood.armymwr.com/
- Family & MWR Facebook
facebook.com/mwr.ftwood
- AAFES
shopmyexchange.com/
- DECA
commissaries.com/shopping/store-locations/fort-leonard-wood
- Fort Leonard Wood Religious Support Office
facebook.com/fortleonardwoodRSO



BACK UP SLIDES



HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB)
on Fort Leonard Wood?
If the answer is YES, is your business
REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- Hairdressing and hairstyling
- Home baking and meal preparation
- Pet grooming and pet sitting
- Massage therapy
- Multi-level sales activities
- Retail sales from home

Easy as 1,2,3

STEP 1: Complete the HBB Application and any additional documentation (like licensing or certifications).

STEP 2: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

STEP 3: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to megan.j.odonoghue.naf@mail.mil
Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.

CHILD CARE in your on-post home you **MUST** be register with CYS Family Child Care (FCC)
13486 Replacement Ave, Bldg... 470, Ste. 1125
(573)596-0185

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