

Community Information Forum November 2024

COL Bartley, Garrison Commander

🔆 🔆 🔆 WE ARE THE ARMY'S HOME 🛛 🛠 🛠



Ms. Megan O'Donoghue Director, Family and Morale, Welfare and Recreation U.S. Army Installation Management Command



PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for Service Members, Families, Civilians and Retirees.







AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions, you would like addressed, you can submit them through ICE at <u>https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447</u> Or click the QR code







NOVEMBER IS...



WINTER SAFETY & DWMO



WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil



safety Winter Safety

Cooking Safety: To avoid any accidental burns or scalds, children should stay at least 3 feet away from the stove.

- Keep flammable items away from the stovetop. Avoid wearing loose clothing, which could catch fire on burners.
- Do not leave cooking unattended.
- Keep the floor clear of any tripping hazards, such as bags or toys.
- Stay alert while cooking on the stove.
- Exercise caution when handling hot liquids and foods. Steam or splashes can cause serious burns, as well as the trays, pans and serving dishes they are in.

Here are some winter heating safety tips:

- Keep flammable objects away from the heater.
- Don't skip annual cleanings and inspections.
- Keep air intakes free of snow and other debris.
- Place smoke detectors and carbon monoxide alarms on every floor.
- Check electric space heaters for safety features before use.
- Always let professionals handle repairs.

Safety tips for decorating Christmas trees:

- Inspect and test lights before decorating.
- Choose flame-resistant decorations.
- Place the tree away from high traffic areas, heating vents, and burning candles.
- Keep decorations out of reach of children.
- Avoid sharp or breakable decorations.
- Never leave candles unattended.
- Do not overload electrical outlets.

Prepare for Emergencies:

- Safe winter driving involves several key practices and preparations to navigate snowy and icy conditions. To ensure safety, it's important to:
 - Winterize your vehicle. This includes checking tire tread and battery health.
 - Adjust driving techniques. Increase following distance and avoid using cruise control.
 - Be prepared for emergencies. Keep an emergency kit in your vehicle.
- These measures are essential for maintaining control on the road and being able to handle any incidents that may occur during winter in the United States.





Destructive Weather Mitigation Operations (DWMO)

• **Destructive Weather Mitigation Operations (DWMO):** Directs installation preparation, prevention, protection, mitigation, response and recovery for all potential destructive weather conditions (snow, ice, hail, tornado/winds, and flooding) instead of just Snow and Ice Removal (SNAIR) operations.

• Objective:

➢FLW organizations respond to and recover from destructive weather with minimal disruption to mission and maximum safety of FLW personnel and families.

Key Points:

> Decisions address overall installation operations; subordinate commanders and leaders are responsible for addressing specific issues within their organization.

Notifications of changes from normal operations transmitted using Alert!, social media (FLW Face Book and X), and local radio stations.

Delayed reporting timelines allow installation assets to prepare for operations; reporting early can hinder recovery operations.





DWMO Information Resources

- Information available at <u>https://home.army.mil/wood/Garrison/weather</u>
 - Instructions to set up Alert! messaging for CAC and non-CAC users to send notifications to work computer screen, email (work and home), telephone (work and home), and text messages.
 - > Definitions of inclement weather/other emergency operating status messages.
 - Protective action information.
 - Emergency and weather hotline telephone numbers.



Current weather conditions available at

https://home.army.mil/wood/Garrison/weather/snair

- Daily forecast and current hazardous weather watches and warnings.
- Current road conditions across FLW.
- Local radio stations used for notifications:
 - Lebanon FM 103.7 KJEL (only station manned 24/7)
 - Rolla FM 99.7 KTTR
 - St. Robert/Waynesville FM 97.9 KFBD/FM 98.9 KFLW/FM 102.3 KIIK



As of: 29 OCT 2024

Unclassifie



DFMWR





INFORMATION FOUND ON

LEONARDWOOD.ARMYMWR.COM &

FORT LEONARD WOOD MWR







DFMWR / ARMY COMMUNITY SERVICE

Emergency Family Assistance Center (FAC)

ACS is ready when a disaster strikes:

Our FAC Mission

To ensure essential services are readily available to Family Members, basic assistance is provided in a crisis situation, only authorized public information is released, and rumors are controlled.

Long-term Shelter Operations

Think of ACS when...You are looking for Family programs, selfhelp, prevention briefings and classes, or for connection and networking with others

- SOS: Grief and financial support for survivors
- FAP: Family focused educational courses and support
- EFMP: Education & Medical Support
- **FRP:** Financial Management
- RRP: PCS Moving Support
- I&R: Services Briefings



FAC Coordinated Services

- Army Emergency Relief
- Military Family Life Counselors
- Chaplains
- CYS Services
- DFAS (Finance)
- LRC (Logistics)
- DPW (Utilities)
- DHR (Personnel Records)
- SJA (Claims)
- Private Insurance Claims
- Volunteers
- Donations

Call (573) 596-0212 or find us on Facebook at Fort Leonard Wood Army Community Service (ACS)



WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil



DFMWR / BUSINESS & RECREATION









DFMWR / BUSINESS & RECREATION





Date: 6 December Time: TBD





DFMWR / CHILD & YOUTH SERVICES





CHEER Ages: 5-18 BOWLING

Ages: 5-15 (Ages 5-8 Wednesdays, ages 9-15 Thursdays)

BASKETBALL Ages 3-18

Ages 3-4: \$30 Ages 5-18: \$50 Bowling: \$70

Registration: Oct 28 - Dec 2

Practices: Mon/Wed or Tues/Thurs.

Games on Saturdays.

Current year's sports physicals required for all participants. Junteer coaches needed for all age groups! Call Youth Sports at 573-596-0185.

> Parent Outreach Services, Bldg 470 573-596-0238

> FONARDWOOD, ARMYMWR.COM



Youth Sports

Winter sports enrollment is open offering Basketball, Bowling and Cheerleading! Coaches are always needed 573-596-0185 Sign up at Parent Outreach Services! ** Early Releases/Delayed Opening and/or Weather closures for CYS will be posted on the DWMO report and MWR site.**



Parent Outreach Services Monday-Friday 0730-1630 13486 Replacement Ave. Bldg. 470 Rm 1126 573-596-0238

WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil



DFMWR / SERVICE & SUPPORT DIVISION



2024 Holiday Gift Wrapping Program





WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil



BOSS

WE ARE THE ARMY'S HOME



The Better Opportunities for Single Service Members (BOSS) Program supports the overall quality of life for the single Service Members and helps to maintain and improve Soldier readiness.

Upcoming Events:

- 6 Nov BOSS Board Prep
- 7 Nov BOSS Meeting
- 20 Nov BOSS Board Prep
- 21 Nov BOSS Meeting

BOSS Thanksgiving Dinner w/FLW USO details coming soon!

Call (573) 596-5967 or find us on Facebook and Instagram at Fort Leonard Wood BOSS





Contact your BOSS Rep!





ARMY EDUCATION PROGRAMS AND SERVICE



American Education Week

18 - 22 November

*CLEP-a-Thon*Dress for Success*ESL and GED Info Sessions*Tuition Funding for SM's and FM's*Army Education Programs, Services
and Benefits*Signs and Symptoms of Heart Attack and Stroke* Daily Lunch and Learns*Homeschooling Info

Truman Education and Army Personnel Testing Center (Building 499)

- BSEP Classes: 5-19 November and 3-17 December
- Warrant Officer Briefings: 13 November 1130 1300
- Adult Education and Literacy and English as a Second Language Classes
- Tuesdays, Wednesdays and Thursdays, 1700 1900

Self-Paced, No Cost, Open to FM's and Civilians on Space Availability



Drury University:

Basic Concepts of Math Pre-Algebra Intermediate Algebra Intro to Algebra Thursdays through 19 December 1730 – 1930 St Robert Campus



Ozarks Technical CC: Monthly Food Pantry

OTC Waynesville Campus Tuesday, 19 November 1500- 1700





SPOUSES' RESOURCE CENTER



13 November at 1000 Armed Forces Wellness Center

• Join us for a comprehensive stress management class designed to help you find balance and tranquility in your daily life.



20 November at 1200 PENMAC

• Learn how to become a substitute teacher for the Waynesville School District.



27 November at 0900 CHRA

• Join us for USAJOBS overview and federal resume overview.

Volunteer Opportunities Available!



Questions? Email Us: usarmy.leonardwood.id-training.mbx.usag-flw-dhr-src@army.mil





GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL COLD WEATHER INJURIES AND PREVENTION



Types of Cold Weather Injuries

- Freezing
 - Frostbite

Signs and Symptoms: Numbness, discoloration, and/or hard skin

- Non-Freezing
 - Hypothermia Signs and Symptoms: shivering, confusion, and/or slurred speech
 - Chilblain
 - Immersion / Trench foot
 - Snow Blindness

Prevention

- Cover exposed skin
- Layer clothing
- Avoid wet skin
- Never touch metal / liquid object with bare hands
- Use buddy system to inspect hands, feet, face, and ears or signs of frostbite
- Recognize signs and symptoms of frostbite and hypothermia and seek medical attention











RELIGIOUS SUPPORT OFFICE



Catholic and Protestant Family Advent Fun Night Wed, 20 Nov 1730-1830 Main Post Chapel Activity Center

Bring the family for Sloppy Joes & Chips and make an ornament, pickup materials to make an Advent wreath and pick up Family Advent celebration resources. Fun will be had by all!

> Sign up by Friday,15 Nov. POC: Martha Strong Text/call:715-572-4324 Martha.a.strong.civ@army.mil



Fort Leonard Wood RSO Women's Community Event Wednesday, 4 December 1800-2000

> Main Post Chapel 13566 Minnesota Ave

A night of fellowship and reflection for women to prepare their hearts for Christmas. Speaker, Carols and Food Open to all women of FLW age 14 through adult. Watch care available when you register by Wed, 27 November.

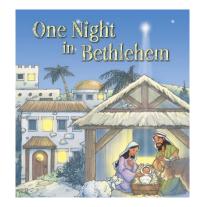
Reserve your seat by Monday, 2 Dec. POC: Martha Strong Text 715-572-4324 or martha.a.strong.civ@army.mil

POC: Martha Strong 573-596-0089/ Martha.a.strong.civ@army.mil





RELIGIOUS SUPPORT OFFICE



Children's Christmas Program

Soldier Memorial Chapel Sunday, 15 Dec 1730-1830 Potluck after at Bld. 590

Everyone is invited to attend this timeless tradition as children share the Christmas story with the community.

Children in Kindergarten and older are welcome to participate in the program as Narrators, Angels, Shepherds, Wisemen, Mary, Joseph, and animals. Contact Ms Strong to sign up for a part. Practices will be based on the schedule of those participating.

> Contact POC: Martha Strong Text 715-572-4324 or martha.a.strong.civ@army.mil

Family Christmas Event 2024



Wednesday, 11 Dec 1730-1900 PM Main Post Chapel Build a gingerbread nativity, play games, sing carols share the Christmas story, eat pizza & discover the star of Christmas.



Pizza and all supplies provided

Must register by 9 December POC: Martha Strong, martha.a.strong.civ@army.mil

POC: Martha Strong 573-596-0089/ Martha.a.strong.civ@army.mil





RELIGIOUS SUPPORT OFFICE

HOLIDAY WORSHIP SCHEDULE

HBL DATES: 20 Dec 2024 - 3 Jan 2025

PROTESTANT

Candlelight Christmas Eve Service (SMC), 1900, 24 Dec Combined Protestant Service (MPC), 1030, 22 Dec Combined Protestant Service (MPC), 1030, 29 Dec

CATHOLIC Catholic Mass (Regular): 22 Dec, 0900 (SMC) Christmas Day: 25 Dec 1000 Mass (SMC) Catholic Mass (Regular): 29 Dec, 0900 (SMC) Mary Mother of God: 1 Jan 1000 Mass (SMC)



SERVICE CANCELLATIONS DURING HOLIDAY BLOCK LEAVE (HBL)

- All 1* EN/14th MP/3d CM BDE (IET) Services and CRU Bible Study, 22 & 29 Dec
- Catholic (IET) Mass, MPC, 1300, 22 & 29 Dec
- Traditional Protestant Service, 22 & 29 Dec
- Gospel Service, 22 & 29 Dec
- Crossroads Service, 22 & 29 Dec
- Anglican Service, 22 & 29 Dec
- Collective Protestant, 43rd Grant Hall, 22 & 29 Dec
- Islamic (IET) Religious Education, MPC, 0800, 22 & 29 Dec
- Islamic Friday Prayer, CIC, 1215, 20 & 27 Dec
- LDS Service, SIC, 22 & 29 Dec
- Buddhist Service, NIC, 26 Dec & 2 Jan
- Pagan, NIC, 0800, 22 & 29 Dec

Chapel Symbols: SMC: Soldier Memorial Chapel, SIC: South Iowa Chapel, MPC: Main Post Chapel, CIC: Central Iowa Chapel, NIC: North Iowa Chapel. <u>Contact Information</u>: Religious Support Office, 573-596-2127. For emergency Chaplain assistance after duty hours call IOC Watch at 573-563-6126/6127.

UNCLASSIFIED

FINAL 10 SEP 2024

POC: Martha Strong 573-596-0089/ Martha.a.strong.civ@army.mil



DECA







We have everything you need to create your own Warming Station at Work or at Home

Spicy Vegetarian Chili

Visit: <u>https://shop.commissaries.com</u> For the full recipe and many more Healthy Dilatation Approved recipes to keep you warm through the winter season!





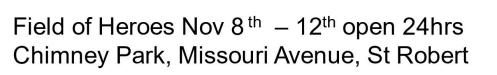
Ice Melt Available





Shopping Dates:

Nov 13th 11a – 3p
Registration Required



Honor and remember our military. **Sponsor a Flag** or Boot or just come and walk around.





fortleonardwood.asymca.org | 573-329-4513

Kevin Smith | 512-318-3303







Hours of Operation: Thursday – Sunday: 0830-1600

Building 805 Iowa Ave.

Upcoming Events:

- *Nov. 6th: RSVP's Open for USO Holiday Night Out 12/9/24
- *Nov. 8th 0930: USO Coffee Connections
- *Nov. 9th 1100: College Football Watch Party
- *Nov. 10th 1200: NFL Watch Party
- *Nov. 11th: USO Closed Veteran's Day
- *Nov. 17th 1200: NFL Watch Party
- *Nov. 18th 1700: Thanksgiving Fall Social
- *Nov. 22nd 1100: Service Member Dine & Unwind
- *Nov. 23rd 1100: College Football Watch Party
- *Nov. 24th 1200: NFL Watch Party
- *Nov. 28th: **USO Closed** Thanksgiving Day

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

HTTPS://MISSOURI.USO.ORG

(573) 329-2039 POC: Kelly Brownfield kbrownfield@uso.org



Transitions

OFFERING 1:1 VIRTUAL SUPPORT TO TRANSITIONING SERVICE MEMBERS, AGR, & MILSPOUSES

FREE Civilian or Federal Resume Writing

Access to Online Learning Platforms

Personal Branding Workshops

Mentorship Connections

& More Personalized Resources In:

EMPLOYMENT | EDUCATION | VA BENEFITS FINANCIAL READINESS | MENTORSHIP

Register with us today! uso.org/transition







SGM FOSTER MEMORIAL RUCK



63RD OD DET (EOD)

Mission:

763D EOD and FLW Soldiers conduct a 6.3-mile ruck march (a tribute to the 63rd OD DET (EOD)) from 220530NOV24 to NLT 220800NOV24 at the 763D EOD company area IOT <u>honor the life and legacy of SGM</u> <u>Kenneth Foster</u>, a fallen EOD tech who died in the line of duty in 1976 while stationed at Fort Leonard Wood.



SGM Foster's EOD Class at Aberdeen, MD

End state:

- All event attendees are informed of the legacy and sacrifice of SGM Foster
- All participants safely and successfully complete the 6.3-mile ruck
- Top event finishers receive recognition for their performance
- 763D EOD contributes to a culture of respect for the fallen and dedication to duty at Fort Leonard Wood

Event Information:

- Who: Open to ALL Fort Leonard Wood units & Soldiers
- What: 6.3-mile ruck march on FLW roads
- When: 0500 on November 22, 2024
- Where: At 763D EOD company area
- <u>Why:</u> To honor the life and legacy of SGM Kenneth Foster, who is one among many servicemembers who have made the ultimate sacrifice in the defense of others.







SGM FOSTER MEMORIAL RUCK



63RD OD DET (EOD)

Event Info/RSVP:

For event information and to RSVP, send an email to <u>travis.r.tucker.mil@army.mil</u>

SGM Foster Informational Link:

https://eodwarriorfoundation.org/sgm-kenneth-r-foster/







Next Community Information Forum

2024 December – (NO Forum due to HBL) See you in 2025!

2025 Topics

- January New Year, Healthy You (Wellness) Paper Only due to HBL
- February Transition Services
- March Make a Difference
- April Month of Military Child (Family Focus)
- May Fitness and Sports Month (STRONG Bands)
- June Welcome to FLW
- July Summer Fun
- August Back to School
- September Community Resources
- October Awareness Month
- · November SNAIR / Winter Safety
- December (NO Forum due to HBL) See you in 2026!

Community Information Forum ICE – Questions/Comments

 If you have any questions, you would like addressed, you can submit them through ICE at <u>https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447</u> Or click the QR code













Information is Key

<u>Topics</u>

- Fort Leonard Wood Web Page
 <u>home.army.mil/wood/index.php</u>
- Fort Leonard Wood Facebook facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site
 leonardwood.armymwr.com/
- Family & MWR Facebook
 <u>facebook.com/mwr.ftwood</u>
- AAFES

shopmyexchange.com/

• DECA

commissaries.com/shopping/store-locations/fort-leonard-wood

 Fort Leonard Wood Religious Support Office facebook.com/fortleonardwoodRSO









BACK UP SLIDES



WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil



WE

Interactive Customer Evaluation (ICE)



Be a Superhero Today! Sustain or Improve? Tell us what you think.





INTE

ICE

WE ARE THE ARMY'S HOME

Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil

ICE



HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB) on Fort Leonard Wood? If the answer is YES, is your business REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- Hairdressing and hairstyling
- Home baking and meal preparation
- · Pet grooming and pet sitting
- Massage therapy
- Multi-level sales activities
- · Retail sales from home

Easy as 1,2,3

<u>STEP 1</u>: Complete the HBB Application and any additional documentation (like licensing or certifications).

<u>STEP 2</u>: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

<u>STEP 3</u>: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to <u>megan.j.odonoghue.naf@mail.mil</u>

Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.

CHILD CARE in your on-post home you MUST be register with CYS Family Child Care (FCC) 13486 Replacement Ave, Bldg... 470, Ste. 1125 (573)596-0185





Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at
 <u>leonardwood.armymwr.com/happenings/family-mwr-job-openings</u>
- Apply online at <u>usajobs.gov</u>
- Contact the NAF HR Office at (573) 596-0706 for more information.

