Ms. Megan O'Donoghue Director, Family and Morale, Welfare and Recreation U.S. Army Installation Management Command Controlled by: HQ IMCOM Controlled by: AMIM-G3 CUI Category: OPSEC Limited Dissemination Control: DL ONLY POC: megan.j.odonoghue.naf@army.mil/573-596-0118

Community Information Forum April 2023

COL Pollio, Garrison Commander

🔆 🔆 🔆 WE ARE THE ARMY'S HOME 🛛 🛠 🛠 🛠









PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for Service Members, Families, Civilians and Retirees.





AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions, you would like addressed, you can submit them through ICE at <u>https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447</u> Or click the QR code







APRIL IS... MONTH OF THE MILITARY CHILD Family Focus

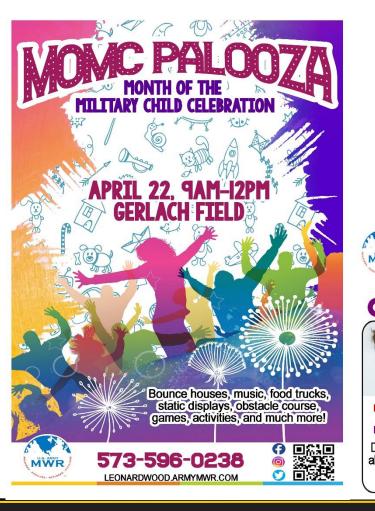


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DFMWR / CHILD & YOUTH SERVICES

MONTH OF THE MILITARY CHILD



CYS Events: 1st MOMC Movie Kick-Off 3rd Purple Up Day 17th MOMC Spirit Week 22nd MOMC Palooza 28th Purple Out Competition LIES . RE







DFMWR / ARMY COMMUNITY SERVICE

Family Focus



April is **Child Abuse Prevention Month** in America. It's an annual observance dedicated to raising awareness and preventing child abuse.

Pinwheels for Prevention: Look for Pinwheels to fly all around FLW in support of child abuse awareness and prevention.

Wear it Blue Fridays: Wear a blue ribbon, pin, or clothing to promote prevention. Each Friday in April.

Rock Solid Families: Engage with your children by cooking together to promote healthy family time. 7 April 1-3pm.

Child Abuse Prevention Education: Come to Gerlach Field to receive prevention and identification info. 22 April 9-12pm.

Think of ACS when...You are looking for Family programs, selfhelp, prevention briefings and classes, or for connection and networking with others

- SOS: Grief and financial support for survivors
- FAP: Family focused educational courses and support
- EFMP: Education & Medical Support
- **FRP:** Financial Management
- RRP: PCS Moving Support
- I&R: Services Briefings





Sexual Assault Awareness Month

Turn it Teal Tuesdays: Visual reminder of awareness by wearing a teal t-shirt or pin showing supporting for victim awareness.

Turn it Teal Zumba: Show support with Zumba at DFC Sat 8 April, 9pm.

Strike Out Sexual Assault: SAA Bowling Event at Daugherty Bowling Center 21 April.

Denim Day: Symbolic event to raise awareness on misconceptions around sexual assault. Wed. 26 April.

AER Campaign: March 1 thru June 17

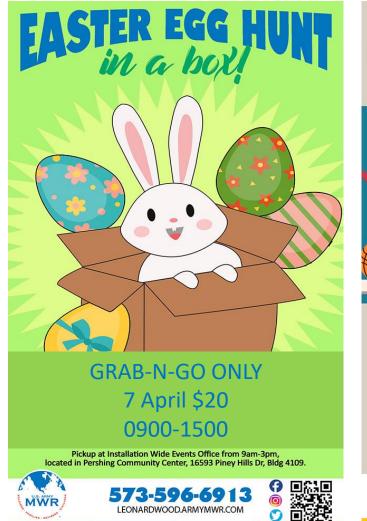
Since 1942, AER has helped Service members with emergency needs such as leave, travel, rent, mortgage, medical and dental costs for dependents and special needs equipment.

Call (573) 596-0212 or find us on Facebook at Fort Leonard Wood Army Community Service (ACS)





DFMWR / BUSINESS & RECREATION





Advanced registration online from Apr 10 - May 4: \$20 per space. \$5 table rentals with advanced reservation. Day-of registration on-site: \$30 per space.

> Concessions available for purchase from the Better Opportunities for Single Soldiers.







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MWR





DFMWR / BOSS



The Better Opportunities for Single Soldiers (BOSS) program supports the overall quality of life for the single Soldier and helps to maintain and improve Soldier readiness.

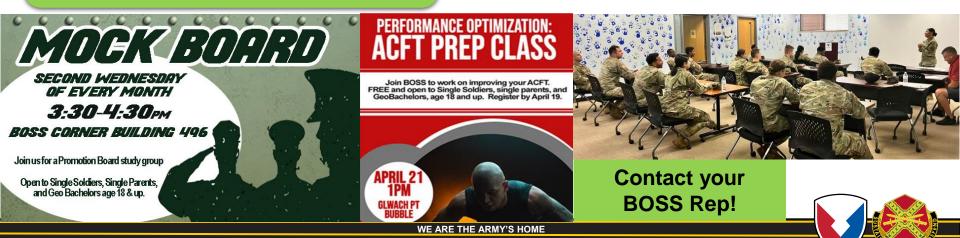
Call (573) 563-5967 or find us on Facebook and Instagram at Fort Leonard Wood BOSS

Upcoming Events:

BOSS Meeting- Apr 6 & 20 at 3:30pm: BOSS Corner Bldg. 496 Mock Board- Apr 12 at 3:30pm: BOSS Corner Bldg. 496

BOSS Boat Cert Part 1 - Apr 15 at 9 am: Pershing Community Center Part 2 - May 5 at 9 am: LORA

ACFT Prep Class - Apr 21 at 1 pm: GLWACH PT Bubble BOSS Paintball- Apr 28 at 8 am: Outdoor Adventure Center





SAFETY



MOST COMMON KIDS INJURIES



- 1. Falls: The most common cause of injury for kids of all ages
- 2. Being struck by or against an object: Accidental impacts
- 3. Cuts and puncture wounds: Injuries that are more than a little scratch
- 4. Bites and stings: Wounds caused by animals, insects and humans.



"Safely" Be All You Can Be







GLWACH School/Sports Physicals

School/Sports Physical Appointments are available in the Pediatric Clinic April 22 from 0730 to 1200 hours, for eligible beneficiaries ages 5 to 17, by appointment only. To schedule, please call the appointment line at: (866) 299-4234.

Want to save time? Complete the 'LWMH Peds School/Sports Physical Rodeo' intake form and bring it in with you: <u>https://leonard-wood.tricare.mil/Clinics/Leonard-Wood-</u>

Medical-Home-LWMH





DHR / ARMY CONTINUING EDUCATION SYSTEM (ACES)

Harry S. Truman Army Education and Personnel Testing Center - College and University Center





Save the Dates:

BSEP Classes (Monday - Friday, 0800 - 1600, max 20 students, 12 days)

- 10 25 April
- 8 23 May
- 12 27 June

Education Fair

• 7 June (Wednesday), 1000 - 1500

Annual College Graduation

- 4 August (Friday)
- Conferred October 2022 to October 2023

Army Personnel Testing Exams Available:

- DLAB, DLPT, OPI, BMST, SIFT, ECL
- All exams are by appointment only.







WE

Interactive Customer Evaluation (ICE)



Be a Super Hero Today! Sustain or Improve? Tell us what you think.





INTER

ICE

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Megan O'Donoghue / 573-596-0118 / megan.j.odonoghue.naf@army.mil

ICE



Easter Journey



Saturday, April 8, 2023 0900 - 1300 At Main Post Chapel



Families can walk through the events of
Holy Week, a Palm Sunday parade, taste
food prepared for the Passover, the
Garden of Gethsemane, meet a soldier
who was at the cross on Good Friday
and meet Mary at the tomb on Easter
morning.

Also crafts & egg dying & Egg hunt

Sign up for your tour time https://www.signupgenius.com/go/8050

C4AA9AB22A0FE3-easter1#/

Tour Groups of 20 begin every 20 mins 0900 to 1200, tour takes about 45 min Or contact Martha Strong at # below

Military Kids Thrive



Saturday, 15 April 1630-1900 Main Post Chapel Family Communication & Challenges of being Military Kids

Dinner for the family

Learn and practice positive family communication

Learn the most common mistake of military parenting and the most effective means to foster resilience among military children.

Childcare available for 4 yr olds and younger

RSVP by 12 April to DRE Martha Strong,

Martha.a.strong.civ@army.mil, 573-596-0089 or text 715-572-4324

Save the Date VBS July 17 -21, 2023

POC Martha Strong, DRE <u>martha.a.strong.civ@army.mil</u> or 6-0089





Fort Leonard Wood Community Holy Week & Easter 2023

These services are in addition to the regularly scheduled services

EASTER SUNRISE SERVICE

<u>Apr 9th</u> – Community Easter Sunrise Service, Soldier Memorial Chapel, 7 a.m.

CATHOLIC HOLY WEEK & EASTER

<u>Apr 2nd</u> - Palm Sunday Mass, Soldier Memorial Chapel at 9 a.m. & Main Post Chapel at 1 p.m. The Sacred Triduum

<u>Apr 6th– Holy Thursday Mass of the Lords Supper, Soldier Memorial Chapel, 6 p.m.</u>

Apr 7th – Good Friday (Passion of the Lord), Soldier Memorial Chapel, 6 p.m.

Apr 8th – Holy Saturday Easter Vigil, Soldier Memorial Chapel, 8 p.m.

Easter Vigil & Easter Sunday Mass

<u>Apr 9th – Easter Sunday Mass, Soldier Memorial Chapel at 9 a.m. & Main Post Chapel at 1 p.m.</u>

PROTESTANT HOLY WEEK WORSHIP SCHEDULE

<u>Apr 7th</u> – Good Friday Service, Soldier Memorial Chapel, 12 p.m.

POC: The Religious Support Office, 573-596-2127





CATHOLIC WORSHIP

Catholic Mass Soldier Memorial Chapel (SMC) 0900 – Sunday

Adoration Soldier Memorial Chapel (SMC) Following 0900 Mass, 1st Sunday of each month

Confessions Following 0900 Mass Sundays – SMC and Tues & Thurs after 1200 Weekday Mass

Baptisms By appt: 573-596-3913

Catholic Baptism Class 4th Sunday following 0900 Mass

Weekday Mass

Soldier Memorial Chapel 1200, Tues, Weds & Thurs

Holy Day of Obligation masses will begin at 1200

SUNDAY PROTESTANT WORSHIP

Gospel Protestant 1000 – Central Iowa Chapel

Traditional Protestant Service 1030 – Soldier Memorial Chapel

Crossroads Community Contemporary Service 1100 – Main Post Chapel

OTHER SERVICES

Jewish Shabbat 1900 - Fridays South Iowa Chapel

Buddhist Service 1900 – Thursdays North Iowa Chapel

Islamic Service 0800-1000 – Sundays Main Post Chapel; RM 162

Pagan Service 0900 – 1st & 3rd Sundays North Iowa Chapel

RELIGIOUS EDUCATION

Catholic Religious Education Classes 1100 – 1230 Sundays (Sep-Apr) K – 8th grades, Confirmation Religion Class for Adults (RCIA) & Religion Class for Children (RCIC) Bldg 6501, 3307 Indian Ave (YREC)

Faith Skills

(For Family, Faith & Fellowship) Main Post Chapel (MPC) Wednesdays, 1730-1930 Spring Session is 8 Feb – 26 Apr POC: DRE Martha Strong martha.a.strong.civ@army.mil

****This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.****

STUDIES

Protestant Women of the Chapel (PWOC) Tuesdays, 0900-1145, Main Post Chapel For more information: pwocflw@gmail.com or

https://facebook.com/fortleonardwoodpwoc/

Catholic Women of the Chapel (CWOC) Thurs, 0930 at MPC POC: Rebekah DuBois, cwocflw@gmail.com

Catholic Women's Bible Study Sundays, 1100-1230 (during CCD) Bldg 6501, 3307 Indiana Ave (YREC)

Catholic Young Adults of the Chapel https://www.facebook.com/groups/5230030980 413676

Latter Day Saints Study @Faith Skills Weds, 8 Feb - 26 April

Navigators Bible Study

Weds, 1800-1900, Specker Chapel POC: Chief Chrisman, 573-596-4948, matthew.d.chrisman.mil@army.mil Facebook: https://www.facebook.com/flwnavs

Marine Corps Bible Study Weds, 1130 – 1230 Specker Chapel

GLWACH Bible Study Weds, 1200-1300 MEDDAC Classroom



Kids for Christ Zoom Club Tuesdays 1600-1715 Virtual POC: Vicky Craine 928-380-4213

Warriors for Christ @ Faith Skills, Weds, 1730-1930 @ MPC Rm 153-155; 8 Feb - 26 April

Youth of the Chapel, 6-12 Grade Weds, 1815-2000 Bldg 6501, 3307 Indiana Ave (YREC) POC CH Hamlin kyle.d.hamlin2.mil@army.mil

Catholic Youth of the Chapel (CYOC) Sundays, 1300-1500 Bldg 6501, 3307 Indiana Ave (YREC) POC: Ashley Foreman ashleynhforeman@gmail.com

For more information on religious services and events please visit our websites.

Facebook: https://www.facebook.com/ fortleonardwoodRSO/

Website: http://www.wood.army.mil/newweb/ garrison/chaplain.html





DECA



Month of the Military Child (MOTMC) Drawing Contest 2023

Rules and Eligibility;

1. Eligibility is limited to dependents of authorized commissary patrons in the following grades:

- a) Pre-K-4th grade b) 5th-8th grade
- c) 9th-12th

One winner will be selected per age group, per store.

2. Entrants may visit; www.commissaries.com/military-child-month and download the pdf. or visit the Commissary store Commissary Customer Service to obtain an Activity Sheet/Drawing Contest Entries will be accepted at the Commissary Customer Service Office from April 1- 30, 2023.

3. Entrants for the contest will draw one of the favorite places traveled with their family and submit to Commissary Customer Service Counter by April 30, 2023. Entries must include:

- * Last Name. First Name of the artist
- * Grade

* Email

* Phone number

* Parents must complete the enclosed photo release authorization form to display in the store if their submission wins. (Each store will determine if drawing of the winners will be displayed).

www.commissaries.com/military-child-month

Fort Leonard Wood Commissary sidewalk sale to be conducted May 4 to May 7.



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commissaries.com

April is

Month of the

RE WORLD WE TRAVEL



COMMUNITY INTEREST

fuze

invites you to:



See more on our FB Event

In celebration of Month of the Military Child & Credit Union Youth Month

Candy Land in the woods

Bring the family to enjoy:

- A Bouncy House
- Food, Drinks, & Sweets
- Raffle Drawings
- Balloon Twisting by Island Breeze Arts
- Craft Tables Sponsored by the Military Police Senior Leadership Course
 - With take home *play-dough*, *coloring*, and color your own *piggy* banks.

Saturday, April 15th from 1000-1400

At the Infuze CU parking lot. 5000 Illinois Ave. Bldg. 494. Fort Leonard Wood







COMMUNITY INTEREST



Hours of Operation:

Thursday – Sunday: 8:30am – 4pm Building 805 Iowa Ave. **Upcoming Events:**

April 3rd at 1800: USO Date & Craft Night

April 6th at 0830: USO Muffin Morning

April 7th at 1730: USO Volunteer Appreciation Dinner

April 10th – 14th: MOMC Culver's Sundae Distribution

April 13th at 0930: USO Coffee Connections

April 15th: 17th Anniversary of the FLW USO

April 20th at 0830: USO Muffin Morning

April 21st at 1100: USO Spouses Craft Social

April 27th at 1030: Continuing Your Journey Workshop

April 28th at 1700: USO Family Game Night: Bingo Edition

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

HTTPS://MISSOURI.USO.ORG

(573) 329-2039 POC: Kelly Brownfield kbrownfield@uso.org



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& More Personalized Resources In:

EMPLOYMENT | EDUCATION | VA BENEFITS FINANCIAL READINESS | MENTORSHIP

Register with us today! uso.org/transition



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COMMUNITY INTEREST



FRIDAY, APRIL 14TH 5:30 PM - 8:00 PM LOCATION: STORIEBOOK MOMENTS 25330 REPUBLIC RD. WAYNESVILLE, MO. 65583

> Your little princess is growing fast. It's time to make memories that will last! A magical night of dinner, dancing, music and fun for all \$20.00 Per Person

Register online at https://www.asymca.org/fortleonard-wood-home For more information call 573-329-4513

SAFETY AROUND WATER (SAW) ARMED SERVICES YMCA 71% OF THE WORLD IS WATER, CHILDREN ARE 100% CURIOUS **FREE Water Safety Class for 1st and** 2nd Graders.

Students will learn personal water safety and achieve basic swimming competency by learning two benchmark skills:

 Swim, float, swim—sequencing front glide, roll, back float, roll, front glide, and exit • Jump, push, turn, grab

This 1-day course, taught by a certified instructor, teaches children skills that will reduce the risk of drowning and give them confidence in and around water.



REGISTER NOW Location: Davidson Fitness Center Sunday April 2nd: 9:30 - 11:00 or 11:30 - 1:00

the

Saturday April 8th: 9:30 - 11:00 or 11:30 - 1:00

Saturday April 15th: 9:30 - 11:00 or 11:30 - 1:00

Sunday April 23rd: 9:30 - 11:00 or 11:30 - 1:00

Saturday April 29th: 9:30 - 11:00 or 11:30 - 1:00 *Please only register for one session. Each session will be the same class.*

Register online at https://www.asymca.org/fort-leonard-wood-home For more information call 573-329-4513



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COMMUNITY INTEREST FLW UNITED SOCCER CLUB



- Founded in 2015 (official FLW adult soccer team)
- 7x Defenders Cup Appearances
- · All practices after duty hours
- Scrimmages / tournaments over weekends

Eligibility

- Service Members
- DoD Civilians
- Family Members (18 and older, out of HS)
- Contractors
- Veterans



https://www.facebook.com/FLWUnitedSoccerClub





<u>Outreach</u>

- Youth Soccer Camp(s)
- Adult Soccer Camp(s)

Events

Defender's Cup Tournament

- 01-04SEP23
- World Cup style
 tournament
- St. Louis Cup of Nations
 - Recreation and competitive brackets
- Regional scrimmages / tournaments
 - Whiteman AFB
 - Scott AFB
 - Ft. Campbell
- Scrimmage FLW teams
- US vs World Match
- FLW United vs Commander's Cup Champion







Next Community Information Forum

2023 Topics

- January New Year, Healthy You (Wellness)
- February Transition Services
- March Make a Difference
- April Month of Military Child (Family Focus)
- May Fitness and Sports Month (STRONG Bands)
- June Welcome to FLW
- July Summer Fun
- August Back to School
- September Community Resources
- October Awareness Month
- November SNAIR / Winter Safety
- December (NO Forum due to HBL)

Community Information Forum ICE – Questions/Comments

 If you have any questions, you would like addressed, you can submit them through ICE at <u>https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447</u> Or click the QR code













Information is Key

<u>Topics</u>

- Fort Leonard Wood Web Page
 <u>home.army.mil/wood/index.php</u>
- Fort Leonard Wood Facebook facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site
 leonardwood.armymwr.com/
- Family & MWR Facebook
 <u>facebook.com/mwr.ftwood</u>
- AAFES

shopmyexchange.com/

• DECA

commissaries.com/shopping/store-locations/fort-leonard-wood

 Fort Leonard Wood Religious Support Office facebook.com/fortleonardwoodRSO









BACK UP SLIDES



WE ARE THE ARMY'S HOME



HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB) on Fort Leonard Wood? If the answer is YES, is your business REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- Hairdressing and hairstyling
- Home baking and meal preparation
- · Pet grooming and pet sitting
- Massage therapy
- Multi-level sales activities
- Retail sales from home

Easy as 1,2,3

<u>STEP 1</u>: Complete the HBB Application and any additional documentation (like licensing or certifications).

<u>STEP 2</u>: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

<u>STEP 3</u>: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to <u>megan.j.odonoghue.naf@mail.mil</u>

Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.

CHILD CARE in your on-post home you MUST be register with CYS Family Child Care (FCC) 13486 Replacement Ave, Bldg... 470, Ste. 1125 (573)596-0185





Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at
 <u>leonardwood.armymwr.com/happenings/family-mwr-job-openings</u>
- Apply online at <u>usajobs.gov</u>
- Contact the NAF HR Office at (573) 596-0283 for more information.

