

Community Information Forum – June 2022

COL Paine, Garrison Commander

Ms. Megan O'Donoghue

Director
Family and Morale, Welfare and
Recreation



PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for service members, families, civilians and retirees.







AGENDA

- Opening Remarks / Garrison Commander or Representative
- > Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions you would like addressed, you can submit them through ICE at

https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447
Or click the QR code









JUNE TOPIC

Welcome to Fort Leonard Wood

Resources Recreation Resiliency



What you need to thrive at Fort Leonard Wood





This is Fort Leonard Wood

https://www.youtube.com/watch?v=W9IA_Q9mfjk





DFMWR / ARMY COMMUNITY SERVICE

Welcome to Fort Leonard Wood



Relocation Readiness 5 tips for a successful move

- 1) Start planning early
- 2) Research your next Duty Station
- 3) Prioritize HHG
- 4) Communicate with Family and Friends
- 5) Remain flexible and open to new things

Overseas Orientation: Each Tuesdays 0800 Korea/Germany/Alaska/Hawaii

Think of ACS when...You are looking for Family programs, self-help, prevention briefings and classes, or for connection and networking with others

- SOS: Social Groups for Surviving Family members
- FAP: Car seat Installation / Playgroups
- **EFMP:** Education & Medical Support
- · FRP: Home Buying and Selling
- RRP: PCS Welcome Packets
- I&R: Services Briefings



AER Campaign: Now thru June 17

Since 1942, AER has helped Service members with emergency needs such as leave, travel, rent, mortgage, medical and dental costs for dependents and special needs equipment.

Call (573) 596-0212 or find us on Facebook at Fort Leonard Wood Army Community Service (ACS)







DFMWR / Business & Recreation





BASS TOURNAMENT!

Jun 3, 2022, 7:30 pm - Jun 4, 2022, 1 am

Each boat must have a DoD ID card holder. Masks must be worn when patrons cannot maintain a safe social distance of 6 ft.

Cost

- •\$40 per team of 2
- •\$10 additional Big Bass (optional)

LORA

DECK BOAT DISCOUNT! Jun 14, 2022, 9 am - 5 pm

Celebrate the Army's 247th Birthday with a \$247 all-day Deck Boat rental!

No registration necessary. First come, first serve. *Gas sold separately.*







DFMWR / Business & Recreation



25% off Bounce House Rentals from 18 June - 15 August!

Stop by Outdoor Adventure Center in person to fill out a rental agreement form. First come, first serve.

Bounce House age group: 2-16.

Outdoor Adventure Center 573-596-4223



Wallace Pool and splash Park NOW OPEN!

Hours of Operation

Mon-Tue: Closed

Wed-Fri: 4 – 7 pm

Sat-Sun: 12 – 7 pm

573-596-0843









AQUATICS - JUNE 1-14

247 YEARS OF ARMY BIRTHDAYS! REGISTER WITH LIFEGUARDS AT DAVIDSON FITNESS CENTER AND COMPLETE 247 LAPS BETWEEN JUNE 1-14 TO BE ENTERED INTO A DRAWING FOR A FREE ROUND OF MINI GOLF!

CALL FOR MORE INFO: 573-596-0843

OUTDOOR ADVENTURE CENTER - JUNE 11-14

IN HONOR OF THE ARMY'S BIRTHDAY IN 1775, ENJOY AT DISCOUNT OF \$17.75 ON EACH GAME OF PAINTBALL!

CALL FOR MORE INFO: 573-596-4223

DAVIDSON FITNESS CENTER - JUNE 14, 11AM - 1PM

WORKOUT OF THE DAY, REGISTER FOR TIME SLOTS BY JUNE 13, AGES 18 AND UP. EVENT 1: DEADLIFTS, EVENT 2: 75 SITUPS, EVENT 3: 17 LAPS ON THE DFC INDOOR TRACK

CALL FOR MORE INFO: 573-596-4359

REC PLEX - JUNE 14

HOLE-IN-ONE ON HOLES 14 OR 16 WILL BE ENTERED IN A DRAWING FOR A FREE ROUND OF MINI GOLF!

CALL FOR MORE INFO: 573-596-0843

LAKE OF THE OZARKS RECREATION AREA - JUNE 14

CELEBRATE THE ARMY'S 247TH BIRTHDAY WITH A \$247 ALL-DAY DECK BOAT RENTAL!
(GAS SOLD SEPERATELY) NO REGISTRATION: FIRST COME, FIRST SERVED!

CALL FOR MORE INFO: 573-346-5640

LEISURE TRAVEL SERVICES - JUNE 14 - JULY 5

IN HONOR OF THE ARMY'S BIRTHDAY IN 1775, GET \$17.75 OFF OF YOUR TOTAL WHEN PURCHASING 4 OR MORE MILITARY PROMO TICKETS FOR WALLT DISNEY WORLD, DISNEYLAND, AND UNIVERSAL STUDIOS ORLANDO! CONTACT FOR MORE INFO:

CALL FOR MORE INFO: 573-329-8587

DAUGHERTY BOWLING CENTER - JUNE 15, 11AM - 7PM

2-TOPPING PIZZAS FOR \$14 - OR - \$14 FOR 1 HOUR OF BOWLING, UP TO 6 PEOPLE PÉR LANE (SHOES SEPERATE)

CALL FOR MORE INFO: 573-596-1498

AUTO SKILLS - JUNE 16 - 17 HALF PRICE BAY RENTALS! FLAT BAY: \$4, LIFT BAY: \$4.50

CALL FOR MORE INFO: 573-596-0243





LEONARDWOOD.ARMYMWR.COM









DFMWR / Child Youth Services

Child & Youth Services

Child & Youth Services (CYS) recognizes the challenges of our Soldiers and their Families. By offering quality programs for children, youth and students, CYS supports the Army Family by reducing the conflict between mission readiness and parental responsibility. Whenever you need it and wherever you are, CYS is prepared to make life better for Army Families.

Child Development Center

We provide quality full-time childcare for children 6 weeks through 5 years of age.

School Age Center

SAC provides affordable before-school and after-school care in a quality program that meets the needs of the youth and their Families. In addition to before and after school care, separate SAC camps are operated during fall, winter and spring breaks. During the summer months, SAC operates a full day camp.

Family Child Care

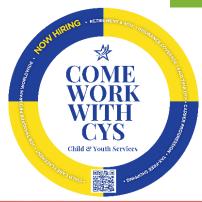
Family Child Care (FCC) offers a warm, nurturing Family environment for children 4 weeks to 12 years of age.

Parent and Outreach Services

Monday-Friday 0730-1630 Bldg. 470 Rm 1126 573-596-0238/0421

Opportunities









DES

Welcome to FLW

- Access Control
 - Valid DoD ID
 - · Visitor Pass obtained at the VCC
- Weapons Registration
 - Register weapons at the VCC within 24 hours of arrival (FLW Form 1835)
 - Declare weapons every time when entering the installation
- Fishing on Cantonment / iSportsman
 - All must have a valid fishing license/permit and sign in and out of iSportsman when using installation fishing ponds:
 - Exceptions: free flowing waters (ie Big Piney and portions of the Roubideaux River)
 - Recording harvest on iSportsman



Challenges

- Traffic Infractions (Speeding, Cell phone, Stop Signs/Red Lights)
- Aggressive Drivers
- Drunk Driving
- Traffic Accidents (Inattentive Driving, Backing)
- Undocumented Foreign Visitors
- · Marijuana medical use is not allowed

Initiatives

- Electronic Message Board Campaign
- · Targeted Enforcement
- · Compliance Checkpoints





GLWACH

Connecting with resources at GLWACH:

- 1) External Website: https://leonard-wood.tricare.mil/
- 2) Patient Portal: https://patientportal.mhsgenesis.health.mil/
- 3) GLWACH Appointment Line at 1-866-299-4234
- 4) Staff duty desk: 573-596-1490
- 5) Facebook: https://www.facebook.com/GLWACH
- Instagram: https://www.instagram.com/InstaGLWACH
- 7) Twitter: https://twitter.com/GLWACHonFLW
- 8) LinkedIn: https://linkedin.com/company/general-leonard-wood-army-comm/





GLWACH

INPATIENT SERVICES

- -Medical / Surgical: 12 Beds
- -Mother Baby: 3 Beds (temporarily)
- -ICU: 3 Beds with Tele-Critical Care
- -Behavioral Health: 12 Acute Adult Beds

BEHAVIORAL HEALTH SERVICES

-Outpatient/Inpatient Services, EBH (FORSCOM Bldg 1018), Multi-D Behavioral Health (Bldg 832),

Child Services, FAP, SUDCC

PHARMACY SERVICES (Main Hospital, Px)

PATHOLOGY AND LABORATORY SERVICES

- -Army Blood Donor Program Donor Center
- -Blood Processing Center (future)

PRIMARY CARE

- -Leonard Wood Medical Home
- -Immunizations Clinic
- -Allergy Shot Administration
- -Acute Minor Illness Clinic (AMIC)

OPTOMETRY

-Full spectrum eye screening and care (AD Priority)

PHYSICAL PERFORMANCE

- -Occupational Therapy (all beneficiaries)
- -Physical Therapy (AD/ADFM priority)
- -Chiropractic (ADSM Only)

EMERGENCY DEPARTMENT

HARPER MEDICAL SCREENING FACILITY

RICHARD WILSON TROOP MEDICAL CLINIC

-Victory Clinic

PUBLIC HEALTH ACTIVITY

- -Army Wellness Center
- -Audiology: Army Hearing Program
- -Chemical Surety
- -Environmental Health
- -Industrial Hygiene and Occupational Health
- -Health Physics
- -Public Health Nursing

RADIOLOGY & IMAGING SERVICES

- -X-ray & Computed Tomography (CT)
- -Mammography & Ultrasound
- -Nuclear Medicine & Bone Scanning
- -Magnetic Resonance Imaging (MRI)

SURGICAL SERVICES

- -General Surgery
- -OB/GYN & Women's Health
- -Orthopedics & Podiatry
- -Oral/Maxillofacial (ADSM Only)
- -Dermatology

MISC

- -Optical Fabrication Lab
- -IDES
- -Ombudsman (Puerto Rico)
- -SRP







DHR / ARMY SUBSTANCE ABUSE PROGRAM

ASAP services: Drug Testing, Risk Reduction, Suicide Prevention and Employee Assistance Program

Thinking about cutting back on drinking?

Find great tips at Own Your Limits on cutting back or taking a break from drinking. https://www.ownyourlimits.org/responsible-drinking/

Do you need more help getting started?

Substance Use Disorder Clinical Care (SUDCC) now has confidential treatment options for Service Members.

Call to find out more, **SUDCC 573-596-0522**

Civilians can contact the Employee Assistance Program (EAP)

at guy.r.caley.civ@army.mil 573-596-7199





Transition Assistance Program

For Awareness

- IMCOM/ FLW TAP, Chicago Police Department Career Fair.
- June 4-5, Dillard Hall Bldg. 470, Fort Leonard Wood 0900 -1700.
- Onsite Testing, Various Positions Available, Military Waivers.
- Open to all Transitioning Service Members, Veterans, and Family Members.











Military Personnel Division

For Awareness

Reassignments Briefings and PCS Order Information

- Reassignment Briefings are held bi-weekly. Rosters are forwarded to S-1s and BDE/BN CSM for notification and awareness.
- PCS Orders are produced within 10 days of receipt of required documentation. Soldiers are encouraged to complete and return documents as quickly as possible.
- EFMP/Family Travel Request processing is averaging 45-60 days to receive a response from the gaining command. Recommend that Soldiers complete this process as soon as practicable and eligible. Orders will be produced pending family travel and amended when travel decision is rendered. This action is taken to assist Soldiers scheduling HHG appointments and Passports.

Community Interest

IPPS-A Upcoming Events and Information

- Pre-Cutover PAIs 15 July-15 August 2022
- Brownout and Cutover is scheduled to begin 15 August through September 2022
- Integrated Personnel & Pay System (IPPS-A) Go
 Live Date 20 September 2022
- Enhanced Records Reviews and Data Correctness
 Campaign are ongoing. It is important to ensure your
 records are correct before brownout and cutover start.
 Records that are not up to date after go live may need
 a helpdesk ticket submitted for any corrections. This
 may not be a local fix with your S1; it is imperative that
 Soldiers complete the necessary updates.



U.S.ARMY "

Community Information Forum / Fort Leonard Wood

FORT LEONARD WOOD TEAM SAFETY

RESOURCES

RECREATION

RESILIENCY

ARMY, NAVY, AIR FORCE, MARINES, SPACE FORCE

NELSON

DIETZ

RILEY

WILLIAMS

POWERS

RICHARD-GALVAN

MARR

GRAY

DALGETTY

LACKEY

BILLADEAU

PEARSON

MOLL







AAFES

- Abrams Theater. Showings on Fri, Sat and Sun. Now contracted for more first run showings.
- shopmyexchange.com, Fort Leonard Wood, Reel Time Theaters for showings and times.
 - Exchange Father's Day Car Show
 - 18 June 2022, 1000-1300
 - Dunkin Donuts/Panda Express Late June
 - Bunker 27 Late June
- Licensed retailer of finely crafted military themed apparel and accessories.
 - Haute Dog Opening Late June
- Serving breakfast, made to order sandwiches, specialty dogs and salads.
 - (Former American Eatery MSCoE)
 - New Food Trucks Early June
 - Arnold's Grill and Smoke, Tropical Sno -Main Store
 - Sam's and Sweet Stop Ice Cream Mobile
 - "You Made The Grade" Program For Students with a "B" or Higher
 - See any manager at the Main Exchange.



Students, enter for a chance to win a \$2,000, \$1,500 or \$500 REWARDS! gift card! See an Exchange Associate for details and entry forms.

DECA

Power Box program.

CONUS stores, including Alaska and Hawaii, will continue to offer 25-30 percent savings on fresh beef and pork packages with a variety of selections:

- √ Tailgate Special Power Box 19 lbs. (approx.)
- ✓ Economy Power Box 15 lbs. (approx.)
- ✓ Healthy Alternative Power Box 16 lbs. (approx.)
- ✓ Fix it and Forget It Power Box 15 lbs. (approx.)

Feds Feed Families (FFF) campaign

Last year DOD and DeCA together collected over 2.3 million pounds of donated goods. So far this calendar year, DeCA has already collected over 1.3 million pounds from commissaries...

Commissary Tours

GLWACH Registered Dietitian Nutritionists will be leading the next Commissary Tour from 0700-0800! On July 1st. Sign up by emailing: brittany.m.powers.mil@mail.mil

What's your plan?

From April through Oct. 31, DeCA's severe weather promotional package includes discounts on the following items: beef jerky and other assorted meat snacks, soup and chili mixes, canned goods, powdered milk, cereals, batteries, airtight bags, weather-ready flashlights, tape (all-weather, heavy-duty shipping and duct), first aid kits, lighters, matches, lanterns, candles, hand sanitizer and anti-bacterial wipes.



Next Community Information Forum

Topics

- January New Year Healthy You (Wellness)
- February Community Resources
- March Transition Services
- April Month of Military Child (Family Focus)
- May Summer Fun
- June Welcome to FLW
- July Back to School
- August Community Resources
- September Fall Favorites
- October Domestic Violence Awareness / ASAP
- November SNAIR / Winter Safely
- December (NO Forum due to HBL)

Community Information Forum ICE – Questions/Comments

 If you have any questions you would like addressed, you can submit them through ICE at https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447
 Or click the QR code













Information is Key

Topics

- Fort Leonard Wood Web Page home.army.mil/wood/index.php
- Fort Leonard Wood Facebook facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site leonardwood.armymwr.com/
- Family & MWR Facebook facebook.com/mwr.ftwood
- AAFES shopmyexchange.com/
- DECA

commissaries.com/shopping/store-locations/fort-leonard-wood









BACK UP SLIDES





COMMUNITY INTEREST





Come help us save Soldier lives

- √The Fort Leonard Wood Blood Donor Center collects blood for the Armed Services Blood Program
- the official blood collection and transfusion organization for the U.S. military.
- ✓ Sun-Wed: Unit-level blood drives
- √Mon-Wed: 8 am 2:30 pm:

Open for appointments and walk-in donors

√Thurs – Sat: No scheduled collections

Directions to our facility:

- ✓ Follow Missouri Avenue to North Dakota and merge right at the electronic marquee.
- ✓ Follow North Dakota to Iowa and turn left.
- ✓ Follow Iowa to West 11th Street and turn right. Look for sign directly across from Gammon Field
- ✓ Follow West 11th Street to Buckeye. The new donor center is right across the street.

What's in it for me?

- √Time off: Fort Leonard Wood Civilian Personnel Regulation 690-12 allows employees up to four hours excused absence to donate blood
- -- Includes travel time to and from the donation site and recovery afterwards
- ✓ Promotion points: Certificate of Achievement for everyone completing their third donation with the ASBP
- ✓ Goodies: All donors receive a free t-shirt, juice & cookies
- ✓ A great feeling: Helping someone recover from an illness or injury

For more information, call 573-596-5385 or 573-596-6150





RELIGIOUS SUPPORT OFFICE



Summer Mondays
11, 18 July, 1, 8, 15 August
Kids KG- 5th join us for Bible stories,
games, singing and lunch.
1000-1200 Main Post Chapel
POC: Vicky Craine
928-380-4213



VBS Volunteers Needed Background check applications Must be completed by June 30.

Register today at:

https://flw2022vbs.myanswers.com/zoomerang/



Fort Leonard Wood Vacation Bible School

July 25-29, 2022 0900-1200

Main Post Chapel

Age 4 yr to going into 6th grade

Enjoy Bible lessons, crafts, science, games, drama, snacks and music.

Register at

https://flw2022vbs.myanswers.com/zoomerang/

Or POC: Martha Strong, email below.



Free Family Outdoor Movie
On the Minnesota Ave side of
Main Post Chapel
(inside if it rains)

Friday, 3 June, 8:00 PM

Bring your blankets/chairs & snacks. Free Popcorn Come meet new friends. CH Marr will share a faith message from the movie.

Here is a clue to the movie Peek into the mind of an 11 yr
old girl as she make sense of
her emotions and life.
For more information:
Martha.a.strong.civ@army.mil

POC: Martha Strong, DRE

martha.a.strong.civ@army.mil or 6-0089





CATHOLIC WORSHIP

Catholic Mass

Soldier Memorial Chapel (SMC) 0900 - Sunday

Adoration

Soldier Memorial Chapel (SMC) 1800-1900, 1st Friday each month

Confessions

Following 0900 Mass Sundays - SMC

Baptisms

By appt: 573-596-3913

Catholic Baptism Class

4th Sunday following 0900 Mass

Daily Mass

Soldier Memorial Chapel 1140 - Tuesday - Thursday

SUNDAY PROTESTANT WORSHIP

Gospel Protestant

1000 - Central Iowa Chapel

Traditional Protestant Service

1030 - Soldier Memorial Chapel

Crossroads Community Contemporary

1100 - Main Post Chapel

Childcare is available

**This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.

OTHER SERVICES

Jewish Shabbat

1900 - Fridays South Iowa Chapel

Buddhist Service

1900 - Thursdays Specker Chapel

Islamic Service

0800-1000 - Sundays Main Post Chapel, Room 162

RELIGIOUS EDUCATION

Catholic Confraternity of Christian Doctrine (CCD)

1100–1230 (Sep to Apr) (1st – 8th, Confirmation)

Religion Class for Adults (RCIA) &

Religion Class for Children (RCIC)

Bldg 6501, 3307 Indiana Avenue (YREC)

Christ Fit

(For Family, Faith & Fellowship) Main Post Chapel (MPC) Wednesday, 1730-1930. Fall session is 7 Sep – 9 Nov



WORSHIP/STUDIES

Protestant Women of the Chapel (PWOC)

Tuesday, 0900 – 1145, Main Post Chapel For more information on PWOC studies: pwocflw@gmail.com or https://www.facebook.com/fortleonardwoodpwoc/

Catholic Women of the Chapel (CWOC)

Weds 1730 at MPC 16 Feb-27 Apr POC: Ingrid Bochonok, Ingrid.i.argueta@gmail.com or 540-840-4480

Catholic Women's Bible Study

Sundays: 1100-1230, (during CCD) Bldg 6501, 3307 Indiana Avenue (YREC)

Knights of Columbus - Catholic Men

2nd Tues/ea month, 1800 Bldg 590 (SMC Annex)

Gospel Bible Study at Christ Fit

Wednesday, 1730-1930 Main Post Chapel

Officer Christian Fellowship (OCF)

Thursdays, 1145 – 1245 Thurman Hall Room 1432 POC: LTC Runyon, 515-291-7338

USACBRNS Bible Study

2nd & 4th Weds of each month 1200 – 1300, MSCoE Thurman Hall Rm 1165 POC: CH Southard, 828-390-9020

Buddhist Meditation Training

Saturdays, 1500-1600 Specker Chapel (seating limited)

Latter Day Saints Study

Tuesdays, 1900 at South Iowa Chapel POC: CH Sharp, 596-1465

Navigators Bible Study

Wednesdays, 1900 – 2000, Specker Chapel POC: Chief Chrisman, matthew.d.chrisman.mil@army.mil, 573-596-4948 OR CH Lee.

shawn.s.lee3.mil@army.mil or Facebook https://www.facebook.com/flwnavs

Marine Corps Bible Study

Wednesdays, 1130-1230 Specker Chapel

YOUTH

Kids 4 Christ, 1-5 grade Mondays, 1600-1800 Bldg 590

Tuesdays, 1600-1715 Zoom Club (Virtual)

Youth of the Chapel, 6-12 grade

Wednesday, 1815-2000 Bldg 6501, 3307 Indiana Avenue (YREC)

For more information on religious services and events please visit our websites.

Facebook:

https://www.facebook.com/fortleonardwoodRSO/

Website:

http://www.wood.army.mil/newweb/garri son/chaplain.html

For IET specific services, contact your Unit Ministry Team (UMT)







HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB) on Fort Leonard Wood?

If the answer is YES, is your business REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- · Hairdressing and hairstyling
- Home baking and meal preparation
- Pet grooming and pet sitting
- Massage therapy
- · Multi-level sales activities
- Retail sales from home

Easy as 1,2,3

STEP 1: Complete the HBB Application and any additional documentation (like licensing or certifications).

STEP 2: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

STEP 3: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to megan.j.odonoghue.naf@mail.mil

Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.

CHILD CARE in your on-post home you
MUST be register with CYS Family Child
Care (FCC)

13486 Replacement Ave, Bldg... 470, Ste. 1125 (573)596-0185





COMMUNITY INTEREST



Bldg... 805 Iowa Ave

Hours of Operation:

Thursday – Sunday: 8:30 a.m. – 4:00 p.m.

Upcoming Events:

June 6th at 6pm: USO Date Night
June 9th at 9:30am: USO Coffee Connections
June 10th at 5pm: USO Family Craft Social
June 17th at 5pm: USO Craft Time for Dad
June 18th: 16th Annual USO Motorcycle Support Ride
June 24th at 5pm/6:30pm: USO Family Night Out
June 27th at 6pm: USO Spouses Night Out

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

HTTPS://MISSOURI.USO.ORG (573) 329-2039

POC: Kelly Brownfield kbrownfield@uso.org



Transitions

OFFERING 1:1 VIRTUAL SUPPORT TO TRANSITIONING SERVICE MEMBERS, AGR, & MILSPOUSES

FREE Civilian or Federal Resume Writing

Access to Online Learning Platforms

Personal Branding Workshops

Mentorship Connections

& More Personalized Resources In:

EMPLOYMENT | EDUCATION | VA BENEFITS FINANCIAL READINESS | MENTORSHIP

Register with us today! uso.org/transition









ASYMCA 32nd Annual Duck Race

The Armed Services YMCA of Missouri will be hosting the 32nd Annual Duck Race on July 30th, 2022 at Roubidoux Park. We are looking forward to the ducks strutting their stuff and go for 'Best Dressed' then speed their way down the Roubidoux to be crowned the 'Speediest Duck'.

Entry fee is \$100.00.

When you agree to sponsor a duck, you get a thoroughbred decoy to decorate then race on race day. Once you register we will contact you to coordinate you receiving your duck.





Schedule of Events

10:30 am: Ducks due for Best Dressed Judging.

11:15 am: First heat of Duck Races

12:45 pm: Championship Race
1:00 pm: Consolation Race

Prizes

Race and Heat winners will receive ribbons. Ribbons will be awarded to the 10 "Best Dressed" ducks. "People's Choice Award" awarded to the duck with the most votes.

*Be creative, but do not modify your duck.

Your business can be represented in this great out reach opportunity!

Take the Crown back to your business!

Do not delay get your Duck today!

To sponsor a Duck or have any questions please call (573) 329-4513 or zguller@asymca.org.
Register now: https://www.asymca.org/fort-leonard-wood-home



Music & Me

Ages 18 mo to 5 years old





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Mondays 9:30am -10:15am or Mondays 10:45am - 11:30am Session 1: June 6th - July 18th Session 2: July 25th - August 29th

Cost: \$12 per 6-week session

This parent/child interactive music program will help little ones develop their innate musicality.

This program will incorporate both music education and child development. Because we recognize that children learn through play, we make everything we do in class engaging and fun.







www.asymca.org/fort-leonard-wood-home



For More information: (573) 329-4513

zguller@asymca.org

Armed Services YMCA of Missouri . 13900 Replacement Ave. Fort Leonard Wood, MO. 65473

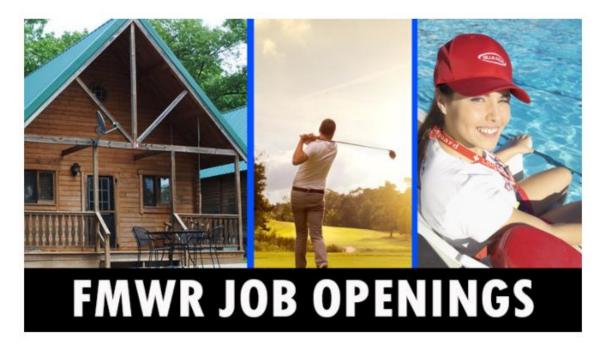






Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at leonardwood.armymwr.com/happenings/family-mwr-job-openings
- Apply online at <u>usajobs.gov</u>
- Contact the NAF HR Office at <u>(573) 596-0283</u> for more information.





Interactive Customer Evaluation (ICE)



ICE:: Fort Leonard Wood (disa.mil)



