

Community Information Forum – August 2022

COL Pollio, Garrison Commander

Ms. Megan O'Donoghue

Director
Family and Morale, Welfare and
Recreation



PURPOSE

Community Outreach

The Fort Leonard Wood Community Information Forum is designed to be an information exchange and dialogue between the Garrison and the Fort Leonard Wood community on a range of topics and interests.

The intent is to gain a better understanding of community issues, share information, upcoming events, and network to improve quality of life for service members, families, civilians and retirees.







AGENDA

- Opening Remarks / Garrison Commander or Representative
- Panel Speakers
- Brief by Exception
- Open Forum to follow / Questions & answers

Community Information Forum ICE – Questions/Comments

If you have any questions you would like addressed, you can submit them through ICE at https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447





Or click the QR code



AUGUST TOPIC









COMMUNITY RESOURCES

What We Offer & Where to Find It







DFMWR / ARMY COMMUNITY SERVICE

Community Resources



Think of ACS when... You are looking for Family programs, self-help, prevention briefings and classes, or for connection and networking with others.

Family Advocacy Program: Parenting Class and Victim Support services

Exceptional Family Member Program:

Medical & Education support

Relocation Readiness: CONUS and OCONUS PCS support

Financial Readiness: Budgeting, Saving, and

Investing services

Survivor Outreach Services: Surviving Family member support groups. Grieving and Financial services

Information & Referral

573-596-0212

- Employment Support
- Army Emergency Relief
- MFLC
- Behavioral Health
- WIC
- Waynesville DMV
- LORA



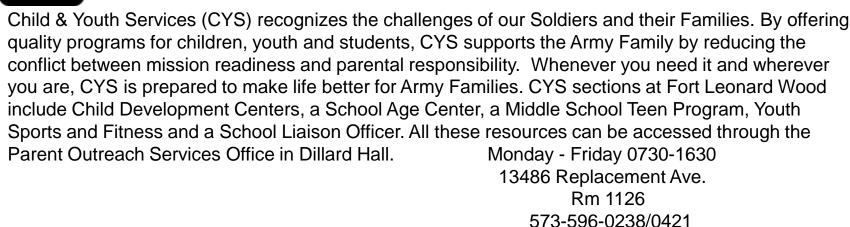
Call (573) 596-0212 or find us on Facebook at Fort Leonard Wood Army Community Service (ACS)







DFMWR / Child Youth Services







and Deployment Support

- School Transition Support
- Special Education
- Connections
- Youth Sponsorship Parent Education and Educator Education
- Youth Resilience
- Ensure Compact Compliance



Postsecondary **Transitions**

- Scholarship Opportunities
- College Application
- College and Career Fairs



Home School Support

- Homeschool Resources
- Access to support services
- Information on state and local laws

Installation School Communication

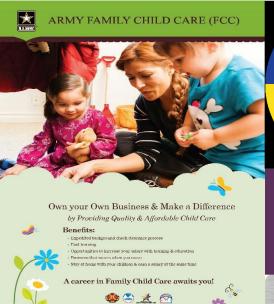
- Conduit between school, community and installation
- Impact Aid
- Grant Opportunities Emergency

Contingency Conditions



Partnerships in Education

- Academic Enhancement
- Adopt a School
- STEM
- STARBASE
- Family/Community Involvement
- School Outreach Support Services
- Building Community Capacity



Contact the FCC Office at 573-596-0185 for mo











DFMWR / Business & Recreation

U.S. ARMY WWR

Bruce C. Clarke Library 573-563-4113

Media Zone

We offer a wide range of media including:

- DVDs and Blu-Ray
- Video games
- Music Cds
- · Audio books fiction, non-fiction, juvenile and young adult.

Children's Library

A variety of books are available including:

- Graphic novels
- Non-fiction and biographies good resources for school projects
- Juvenile Fiction
- Easy Readers labeled with the school grade level
- Easy Books picture books for younger children

24/7 Resources

Military One Source

Tutors

Army MWR Library

Navy Digital Library

Air Force Portal

MarineNET

DoD Overdrive

Medline Plus - Veterans and Military health

Library Spot

Book Spot

World Cat - world's largest library catalog

CIA World Factbook, FOIA, Spy Kids









DFMWR / Business & Recreation



Join us for Story Time!

- •Tuesdays at 10:30 am
- •Wednesdays at 12:30 pm We'll read two books and do a small craft!

Cost

Free







DHR / ARMY CONTINUING EDUCATION SYSTEM (ACES)

Harry S. Truman Army Education and Personnel Testing Center - College and University Center





- Army Personnel Testing (APT) Program
- Basic Skills Education Program (BSEP)
- College and university search and comparison
- Scholarship searching and essay writing
- Free Application for Federal Student Aid (FAFSA)

Resources for Units:

- Education briefings
- College classes
- BSEP classes
- No cost tutoring

Resource for Spouses:

- \$4,000 grant for professional career development
- Career training and certification programs
- 100% online, self-paced programs, books included
- Transfer credit options
- No out-of-pocket costs for you
- Free laptop for all students

Eligibility:

Spouses of AD in pay grades E-1 to E-5, WO-1 to WO-2 and O-1 to O-2









DHR / TAP

For Awareness

- Transition Assistance Program Hiring Fair at Nutter Field House, 11 August 22, from 1100-1400, to connect transitioning Service Members (SM), Veterans, Retirees, DoD Civilians, and their Family Members to employers and job opportunities.
- Transition Assistance Program offering additional classes to assist individuals with preparation for 11 August Hiring Fair.
 - Advance Resume Writing
 - Guide to Federal Employment
 - Interview Techniques
 - Salary Negotiations







AUGUST 11, 2022

A Hiring Fair will be held at Nutter Field House, Fort Leonard Wood, MO from 1100-1400 hours, August 11, 2022. The Hiring Fair is open to all Service Members, Veterans, Family Members, and other job seekers. Bring copies of your resume. Dress professionally. Call (573) 596-0175 for more information. Follow us at https://www.facebook.com/FtLeonardWoodTaP/

Transition Assistance Program

Fort Leonard Wood, MO





DHR/MPD UPDATE

IPPS-A UPDATE

Brownout and Cutover Dates: 13 August to 20 September 2022

During this time, all units will need to manually track Soldiers in and out-processing their unit.

S1 Pools, User Define List (UDLs) and Workflows need to be established and ready for early input once Cutover starts.

If the R3 Leaders Course has not been completed, leaders will not be able to approve any actions for Soldiers.

ID CARD SECTION HOURS OF OPERATION

Office Hours

Sunday: Closed

Monday: 8:00 AM - 4:00 PM

Tuesday: 8:00 AM - 4:00 PM Wednesday: 8:00 AM - 4:00 PM

Thursday: 8:00 AM - 12:00 PM

Friday: 8:00 AM - 4:00 PM

Saturday: Closed

Walk-In Hours

Sunday: Closed

Monday: 8:00 AM - 2:00 PM

Tuesday: 8:00 AM - 2:00 PM

Wednesday: 8:00 AM - 2:00 PM Thursday: 8:00 AM - 10:00 AM

Friday: 8:00 AM - 2:00 PM

Saturday: Closed

RETIREE APPRECIATION DAYS

On September 9–10, 2022, Fort Leonard Wood (FLW) will host its 43rd Annual Retiree Appreciation Days (RAD).

The Army conducts RADs to demonstrate its continuing appreciation for Retired Soldiers' past service to the Nation and to foster their support for the Army, its current Soldiers, and their Families.





ARMY SUBSTANCE ABUSE PROGRAM (ASAP)

- Substance Abuse Prevention/ Risk Reduction-Bldg. 486, (573) 596-0938
 - Commanders Risk Reduction Tool (CRRT)
 - Unit Risk Inventory (URI)
 - Prime for Life
 - Unit Training for Substance Abuse Prevention and R2 Topics
- Suicide Prevention Program
 - Ask, Care, Escort (ACE) Training
 - ACE-SI (Suicide Intervention) Training (SSG and above with 1-year retainability)
- Drug Testing Program- Bldg. 493, (573) 596-7683
 - Unit Prevention Leader (UPL) Training
 - Provide Drug Testing for Civilian Employees/conduct quality assurance for military samples
- Employee Assistance Program (EAP)- Bldg. 486, (573)-596-7199
 - Training and education for supervisors and employees about alcohol and drugs prevention to promote installation work/life/wellness programs.
 - Assessment, problem identification, and short-term counseling/intervention.
 - Service provided to Civilians, Retirees, Family Members

Suicide Prevention Lifeline: www.suicidepreventionlifeline.org

I-800-273 TALK (8255) press 1 for Veterans Crisis Line or NEW Dial 988





GLWACH

All hospital services are listed on our website: https://leonard-wood.tricare.mil/ Community Health and Wellness Resources for TRICARE Beneficiaries:

- **Nutrition Services**: 573-596-1762, Mon Fri: 0730 1630
- Army Wellness Center: Bldg 350, 573-596-9677, Mon Fri: 0700 1600.
 Closed for lunch Mon Fri from 1050 1150 and Fri 1300-1600 for staff training
- Leonard Wood Medical Home: Primary Care Manager (PCM) Team @ patientportal.mhsgenesis.health.mil or 866-299-4234, Mon Fri: 0800 1700
- Acute Minor Illness Clinic: walk-ins, enrolled beneficiaries, 1000 2130 Mon-Sun
- Telehealth care/wellness options:
 - MHS Nurse Advice Line: 800-TRICARE or https://mhsnurseadviceline.com/
 - https://doctorondemand.com/hnfs-welcome/
 - https://www.telemynd.com/hnfs
- Health Net Federal Services (HNFS), LLC, 844-866-9378 or https://www.tricare-west.com/

Veteran's support:

- VA 800-698-2411
- Veterans Commission Service Officer Locator <u>https://mvc.dps.mo.gov/service/serviceofficer/</u>





FORT LEONARD WOOD TEAM SAFETY

FORT LEONARD WOOD GARRISON SAFETY OFFICE

Motorcycle Safety Awareness Month

Each year, the National Highway Traffic Safety Administration designates May as Motorcycle Safety Awareness Month. This observance coincides with the beginning of motorcycle riding season.

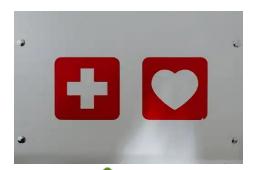
Motorcycle Driving Strategie

(Gear Up! Wear the proper PPE. T-shirt and sandals are not proper riding attire. Even jeans provide minimal protection against injury and road rash if you happen to slide. Choose to wear an approved helmet, and leather pants, jacket, boots and gloves.



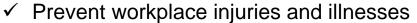
- Stay in the Comfort Zone! Know your abilities. Your bike should fit you. If the bike feels too heavy, it probably is.
- Inspect your Ride! Give your bike a good once-over before hitting the road. Inspect tire pressure, mirror and lights before every ride.

COMMUNITY RESOURCES



Safe At Home





- Improve compliance with laws and regulations
- ✓ Reduce costs, including significant reductions in workers' compensation premiums
- ✓ Engage workers
- ✓ Enhance their social responsibility goals
- ✓ Increase productivity and enhance overall business operations



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ARMY SAFE = ARMY STRONG

4040 Hawaii Ave / Building 312 2nd Floor / 573-596-2100





RELIGIOUS SUPPORT OFFICE



Summer Mondays
1, 8, 15 August
Kids KG- 5th join us for
Bible stories, games,
singing and lunch.
1000-1200 Main Post Chapel
POC: Vicky Craine
928-380-4213



Rec Plex Back to School Bash & Parent Meeting Sat 27 August TBD

derrick.a.spears.mil@army.mil



Protestant Women
Of the Chapel
Kick-off
Tuesday, 6 Sept
0900-1130
Main Post Chapel
FB/fortleonardwood
pwoc

Catholic Women
Of the Chapel
Kick-off
Thursday, 1 Sept
0900-1130
Main Post Chapel
FB groups/13200486
74687434



Family Outdoor Movie
On the Minnesota Ave side
Main Post Chapel
Friday, 5 August 8:30 PM
Bring your
blankets/chairs/snacks

Movie clue: Youth at camp learn about the book of Hosea and how amazing God's love is.

POC Martha Strong, DRE

martha.a.strong.civ@mail.mil or 6-0089







RELIGIOUS SUPPORT OFFICE



Family, Faith, Fellowship
1730 Dinner 1815 - 1930 Class
Weds 7 Sept - 9 Nov
8 Adult Classes offered
Children's class and Watch Care
More Info on classes:

facebook.com/fortleonardwoodRSO



Christ Fit Class
You must attend an Orientation
Session Wed, 31 Aug or 7 Sept at 1730
Main Post Chapel Rm 162

www.facebook.com/FPUFLW/



Christ Fit Class
Join us for 12 weeks
Wed 31 August – 9 November
(starting 2 wks before Christ Fit)

Focused on Healing from Trauma A course not support group, help for anyone struggling to cope with crisis or trauma. Join us to discover HOPE.

POC Martha Strong, DRE

martha.a.strong.civ@mail.mil or 6-0089







CATHOLIC WORSHIP

Catholic Mass

Soldier Memorial Chapel (SMC) 0900 - Sunday

Adoration

Soldier Memorial Chapel (SMC) 1800-1900, 1st Friday of each month

Confessions

Following 0900 Mass Sundays - SMC

Baptisms

By appt: 573-596-3913

Catholic Baptism Class
4th Sunday following 0900 Mass

Daily Mass

Soldier Memorial Chapel 1140, Tuesday – Thursday

SUNDAY PROTESTANT WORSHIP

Gospel Protestant

1000 - Central Iowa Chapel

Traditional Protestant Service 1030 – Soldier Memorial Chapel

Crossroads Community Contemporary Service

1100 - Main Post Chapel

****This Worship Schedule is for permanent party services. For IET, please see your BDE Chaplain.****

OTHER SERVICES

Jewish Shabbat

1900 - Fridays South Iowa Chapel

Buddhist Service

1900 - Thursdays

(Fridays beginning 1 July)

Specker Chapel

EFF 1 July - North Iowa Chapel

Islamic Service

0800-1000 - Sundays Main Post Chapel, Room 162

RELIGIOUS EDUCATION

Catholic Confraternity of Christian Doctrine (CCD)

1100 – 1230 Sundays (Sep-Apr) 1st – 8th grades, Confirmation

Religion Class for Adults (RCIA) & Religion Class for Children (RCIC) Bldq 6501, 3307 Indian Ave (YREC)

Christ Fit

(For Family, Faith & Fellowship) Main Post Chapel (MPC) Wednesdays, 1730-1930 Fall Session is 7 Sep – 9 Nov

WORSHIP/STUDIES

Protestant Women of the Chapel (PWOC)

Tuesdays, 0900-1145, Main Post Chapel For more information: pwocflw@gmail.com https://facebook.com/fortleonardwoodpwoc/

Catholic Women of the Chapel (CWOC)

Weds, 1730 at MPC

POC: Rebecca DuBois, 573-200-9331 or

dubois.rebekah@gmail.com

Catholic Women's Bible Study

Sundays, 1100-1230 (during CCD) Bldg 6502, 3307 Indiana Ave (YREC)

Knight of Columbus-Catholic Men

2nd Tues/ea month, 1800

Bldg 590 (SMC Annex)

Gospel Bible Study at Christ Fit

Weds, 1730-1930

Main Post Chapel

Office Christian Fellowship (OCF) Thurs.

1145-1245

Thurman Hall, Room 1432

POC: LTC Runyon, 515-291-7338

USACBRNS Bible Study

2nd & 4th Weds of each month 1200-1300. Thurman Hall. Room 1165

POC: CH Southard, 828-390-9020

Buddhist Meditation Training

Saturdays, 1500-1600

Specker Chapel (seating limited)

Latter Day Saints Study

Tuesday, 1900 at South Iowa Chapel

POC: Elder Moss 208-360-1895

Navigators Bible Study

Weds, 1800-1900, Specker Chapel POC: Chief Chrisman, 573-596-4948, matthew.d.chrisman.mil@army.mil

Facebook:

https://www.facebook.com/flwnavs

Marine Corps Bible Study

Weds, 1130 - 1230

Specker Chapel

YOUTH

Kids 4 Christ, 1 – 5 Gr (Sept-May)

Mondays, 1600-1800

Bldg 590

Tuesdays, 1600-1715

Zoom Club (virtual)

Youth of the Chapel, 6-12 Grade

Weds. 1815-2000

Bldg 6501, 3307 Indiana Ave (YREC)

For more information on religious services and events please visit our websites.

Facebook:

https://www.facebook.com/fortleonardwoodRSO/

Website:

http://www.wood.army.mil/newweb/garrison/chaplain.html







AAFES

Abrams Theater. Showings on Fri, Sat and Sun.

shopmyexchange.com, Fort Leonard Wood, Reel Time Theaters for showings and times.

- Panda Express NOW OPEN in The Exchange Mall
- Dunkin Donuts Opening mid August in Main Exchange Mall
- Drachenfutter Coffee Coming in August to Dillard Hall Bldg 470
- Tater Patch "Express" Coming In August to the Exchange Mall
- Haute Dogs, Now Open! MSCoE Building (Former American Eatery) Gourmet Hot Dogs, Sandwiches, Burgers and Breakfast
 - Bunker 27 Now Open In Mini Mall
 - Finely crafted military themed apparel and accessories.
 - Back To School Tax Free Saving Event at Main Exchange
 - 5-7 August. More information to come

You Made The Grade" Program For Students with a "B" or Higher

See any manager at the Main Exchange.



Students, enter for a chance to win a \$2,000, \$1,500 or \$500 REWARDS! gift card! See an Exchange Associate for details and entry forms.

DECA



Click2GO

Commissary Click2GO pickup times now available every Saturday!
Order Click2GO online with no additional charge with slots available Monday through Saturday.

Sidewalk Sale event

Join us for 4 days of savings! September 1-4 shop with us to enjoy more savings.

More Savings

Check out our sales flyer at the front of the store as you enter for our current display period savings. Also available for viewing on commissaries.com.



COMMUNITY INTEREST



Bldg... 805 Iowa Ave

Hours of Operation:

Thursday – Sunday: 8:30 a.m. – 4:00 p.m.

Upcoming Events:

USO Date Night – August 8th at 6 p.m.
USO Coffee Connections – August 11th at 9:30 a.m.
USO Family Craft Social – August 12th at 5 p.m.
Cont. Your Journey Workshop – August 25th at 6 p.m.
USO Family Night Out – August 26th at 5 p.m./6:30 p.m.

Registration for all USO events occur online. Please call or stop by the center to get more information regarding when RSVP's open for each event:

HTTPS://MISSOURI.USO.ORG (573) 329-2039

Don't forget the USO can be reserved during our non-operational times for military related events.

POC: Kelly Brownfield kbrownfield@uso.org



Transitions

OFFERING 1:1 VIRTUAL SUPPORT TO TRANSITIONING SERVICE MEMBERS, AGR, & MILSPOUSES

FREE Civilian or Federal Resume Writing

Access to Online Learning Platforms

Personal Branding Workshops

Mentorship Connections

& More Personalized Resources In:

EMPLOYMENT | EDUCATION | VA BENEFITS FINANCIAL READINESS | MENTORSHIP

Register with us today! uso.org/transition







Patriot Day Festival

Presented by: The Armed Services YMCA of Missouri Saturday, September 10th, 2022

Roubidoux Park

10:00 am - 9:00 pm

Admission & All Activities: FREE

Join us for a day of remembrance, patriotism, music, and fellowship centered around the anniversary of 9/11.

Opening Ceremony

10:00 am

FLW ROTC Color Guard
Presentation of Colors / National Anthem
Invocation & Moment of Silence

Performances

10:30 am - 11:00 am Richland School District

11:00 am - 11:30 Dixon School District

12:00 pm – 1:00pm Waynesville High School

Live Music

Ali Marie – 3:00 pm

Dead Roads – 5:00 pm

Nevermind the Scarecrow – 7:00 pm

Activities

Remembrance Area
Festival Games, Food Trucks, Vendors
Cave State Cruisers Car Show
Little Heroes Playground
Splash Pad (Weather Permitting)

8:00 am – 2:00 pm Pulaski County Farmers Market

10:30 am - 4:30 pm Face Painting and Body Art Pony Rides / Petting Zoo

11:00 am – 2:00 pm Puppy / Kitten Adoption (Waynesville & FLW Animal Shelter)



*This event is 100% not for profit. All proceeds will be donated back to our community.

Sponsorships/Donations and Vendor Signups, please visit:

https://fortleonardwood.asymca.org/event/













For More information: (573) 329-4513 or zguller@asymca.org





Help Me Grow Age: 3 years old



Preschool daily schedule includes Crafts, Writing, Circle Time, & Free Play. Curriculum includes letters, numbers, colors and shapes. When: Tuesday & Thursday, 9:30am-1130am or 1:00pm - 3:00pm September 6th through December 15th Cost \$166.00 per semester

*Parent must stay on site during program.

Help Me Learn Ages 4 to 5 years old





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Preschool daily schedule includes

Crafts, Writing, Circle Time, & Free Play.

Curriculum includes letters, numbers, colors and shapes.

Pre-literacy, math, science & social skills are incorporated. Monday, Wednesday & Friday, 9:30am-11:30am September 7th through December 16th Cost \$188.00 per semester *Parent must stay on site during program.

Register online: asymca.org/fort-leonard-wood-home

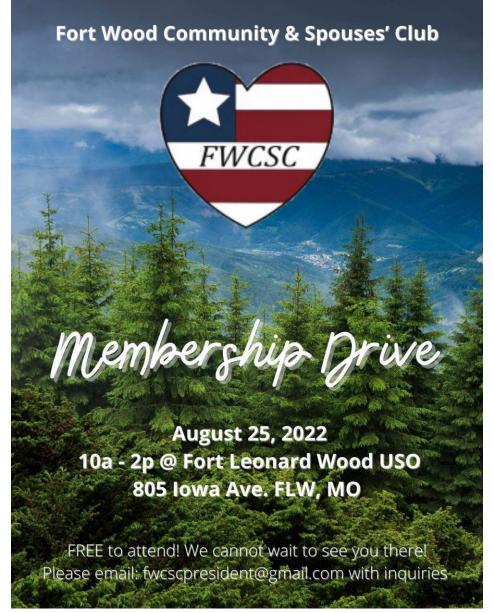
For more info: (573) 329-4513 // zguller@asymca.org

Facebook.com/armedservicesymcaflw













Next Community Information Forum

Topics

- January New Year Healthy You (Wellness)
- February Community Resources
- March Transition Services
- April Month of Military Child (Family Focus)
- May Summer Fun
- June Welcome to FLW
- July Back to School
- August Community Resources
- September Fall Favorites
- October Domestic Violence Awareness / ASAP
- November SNAIR / Winter Safely
- December (NO Forum due to HBL)

Community Information Forum ICE – Questions/Comments

 If you have any questions you would like addressed, you can submit them through ICE at https://ice.disa.mil/index.cfm?fa=card&sp=145057&s=447
 Or click the QR code













Information is Key

Topics

- Fort Leonard Wood Web Page home.army.mil/wood/index.php
- Fort Leonard Wood Facebook facebook.com/fortleonardwoodmissouri/
- Family & MWR Web Site leonardwood.armymwr.com/
- Family & MWR Facebook facebook.com/mwr.ftwood
- AAFES shopmyexchange.com/
- DECA

commissaries.com/shopping/store-locations/fort-leonard-wood









BACK UP SLIDES





COMMUNITY INTEREST





Come help us save Soldier lives

- √The Fort Leonard Wood Blood Donor Center collects blood for the Armed Services Blood Program
- the official blood collection and transfusion organization for the U.S. military.
- ✓ Sun-Wed: Unit-level blood drives
- √Mon-Wed: 8 am 2:30 pm:

Open for appointments and walk-in donors

√Thurs – Sat: No scheduled collections

Directions to our facility:

- ✓ Follow Missouri Avenue to North Dakota and merge right at the electronic marquee.
- √ Follow North Dakota to Iowa and turn left.
- ✓ Follow Iowa to West 11th Street and turn right. Look for sign directly across from Gammon Field
- ✓ Follow West 11th Street to Buckeye. The new donor center is right across the street.

What's in it for me?

- √Time off: Fort Leonard Wood Civilian Personnel Regulation 690-12 allows employees up to four hours excused absence to donate blood
- -- Includes travel time to and from the donation site and recovery afterwards
- ✓ Promotion points: Certificate of Achievement for everyone completing their third donation with the ASBP
- √ Goodies: All donors receive a free t-shirt, juice & cookies
- ✓ A great feeling: Helping someone recover from an illness or injury

For more information, call 573-596-5385 or 573-596-6150





HOME BASED BUSINESS



Are you operating a Home-Based Business (HBB) on Fort Leonard Wood?

If the answer is YES, is your business REGISTERED!

HBBs include but are NOT limited to:

- Car repair/service
- · Hairdressing and hairstyling
- Home baking and meal preparation
- Pet grooming and pet sitting
- Massage therapy
- · Multi-level sales activities
- · Retail sales from home

Easy as 1,2,3

STEP 1: Complete the HBB Application and any additional documentation (like licensing or certifications).

STEP 2: Complete the HBB Lease Addendum – if you need assistance or have questions reach out to your housing POC.

STEP 3: Turn in the Application: Once you've completed your paperwork, submit the application to your Family and MWR, 13486 Replacement Ave, Bldg... 470, Suite 1104. You may also mail your HBB application and supporting documents to megan.j.odonoghue.naf@mail.mil

Keep a copy of the completed application for your own records.

Family & MWR will route to the Garrison for approval and notify you once approved.

CHILD CARE in your on-post home you
MUST be register with CYS Family Child
Care (FCC)

13486 Replacement Ave, Bldg... 470, Ste. 1125 (573)596-0185





Interactive Customer Evaluation (ICE)



ICE:: Fort Leonard Wood (disa.mil)







Join the Family & MWR Team & Make a DIFFERENCE!

Family & MWR is hiring! We want you to join our dynamic team!



WHERE TO APPLY

- Links to Jobs listed here on the MWR Web page at leonardwood.armymwr.com/happenings/family-mwr-job-openings
- Apply online at <u>usajobs.gov</u>
- Contact the NAF HR Office at <u>(573) 596-0283</u> for more information.

